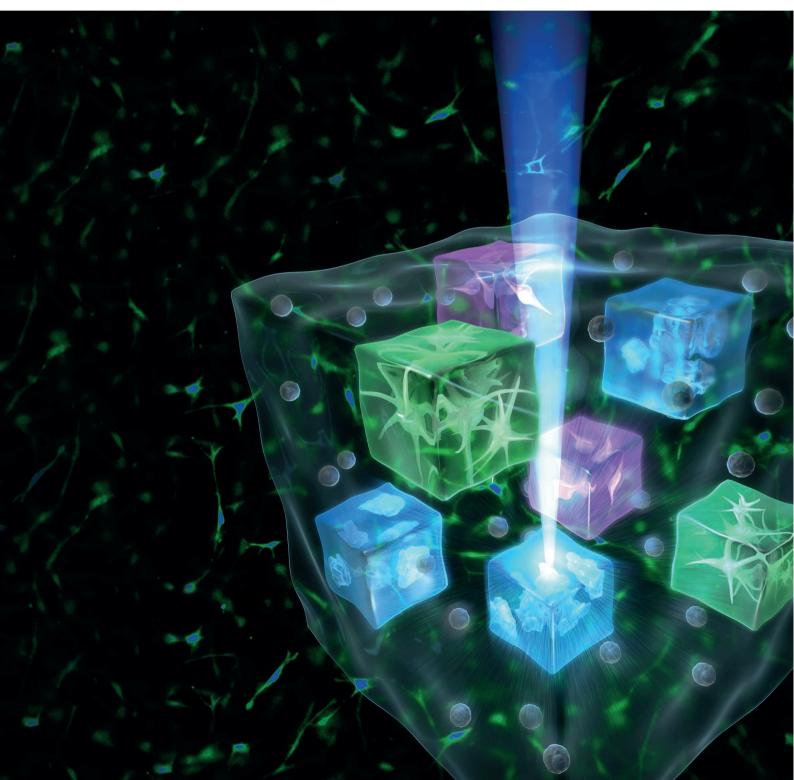


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# MATERIALS



# Photoresponsive biomaterials for targeted drug delivery and 4D cell culture

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Abstract | Biological signalling is regulated through a complex and tightly choreographed interplay between cells and their extracellular matrix. The spatiotemporal control of these interactions is essential for tissue function, and disruptions to this dialogue often result in aberrant cell fate and disease. When disturbances are well understood, correct biological function can be restored through the precise introduction of therapeutics. Moreover, model systems with modifiable physiochemical properties are needed to probe the effects of therapeutic molecules and to investigate cell–matrix interactions. Photoresponsive biomaterials benefit from spatiotemporal tunability, which allows for site-specific therapeutic delivery *in vivo* and 4D modulation of synthetic cell culture platforms to mimic the dynamic heterogeneity of the human body *in vitro*. In this Review, we discuss how light can be exploited to modify different biomaterials in the context of photomediated drug delivery and phototunable cell culture platforms. We survey various photochemistries for their applicability *in vitro* and *in vivo* and for the biochemical and biophysical modification of materials. Finally, we highlight emerging tools and provide an outlook for the field of photoresponsive biomaterials.

Photochemistry plays a fundamental role in many biological processes, including photosynthesis, maintenance of circadian periodicity and sight. Visual interpretation of one's surroundings relies on a photoinduced isomerization reaction that triggers a signalling cascade responsible for vision<sup>1</sup>. Inspired by nature, chemists, biologists and material scientists have long sought to control biological functions through light-driven reactions<sup>2</sup> owing to several advantages they have over chemistries triggered by enzymes, small molecules, temperature, ultrasound or changes in pH. First, light can be directed to specific 3D locations at user-defined times (BOX 1), enabling 4D control over system dynamics. Second, functional tunability can be obtained by varying the administered light dosage. Third, independent control over different biological processes can be achieved in a wavelength-specific manner and finally, the optical tissue window permits regulation in vivo. Properly engineered photochemistries open opportunities to examine and alter biological processes with high precision.

Over the past several decades, the library of lightresponsive synthetic reactions has vastly expanded with photochemical tools for bond formation, cleavage, isomerization and other molecular rearrangements<sup>3–5</sup> (TABLE 1). Reaction specifics, including excitation wavelength, conversion efficiency and chemical response, must be carefully matched to the desired application. In one of the first applications of photochemistry to control biological activity, the function of ATP was masked with a photolabile nitrobenzyl-based protective 'photocage', which could be removed with UV light to liberate the bioactive species<sup>6</sup>. Photocages represent covalently linked chemical moieties that can be removed through a photoreaction to reveal a biochemical functionality<sup>7</sup>. When incorporated into biomaterials, photochemistries give rise to a variety of photoresponsive constructs<sup>8</sup>, which have found widespread application in both drug delivery and tissue engineering (FIG. 1).

The growing interest in smart therapeutic dosing has led to a recent surge in the development of light-based strategies for targeted drug delivery<sup>9,10</sup>. Many therapeutics are tainted with severe off-target effects, limited effectiveness due to short circulation times and the requirement for invasive techniques to administer or monitor their concentration within a patient<sup>11</sup>. In addition to mitigating many of these concerns, photochemical tools enable the therapeutic dosage to be locally controlled and precisely dictated at specific times through external, pulsed light exposure. Therefore, photochemical strategies are an appealing approach to engineer smart delivery vehicles.

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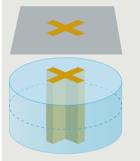
#### Box 1 | Techniques for spatially controlled light exposure

Selective exposure of phototunable biomaterials to light allows for the modification of specific volumes of a material. Directed light exposure can be obtained through lithographic techniques.

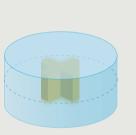
Mask-based photolithography. Substrates are exposed to light that is partially obstructed by a designed photomask inserted between the sample and the photonic source. Mask-defined 2D geometric shapes can be applied throughout the thickness of the material. Although limited by the inability to achieve 3D control, traditional photolithography is inexpensive and provides scalable patterning with an x,y-resolution on the order of tens of microns.

Single-photon laser-scanning lithography. Laser light is directed to a specific area within a material to localize photoreactions to regions near the focal point. Programmed laser rastering permits some degree of 3D patterning, although the x,y-resolution (sub-micron) exceeds the z-resolution (typically >25 µm) owing to the unavoidable reaction initiation above and below the focal plane. Despite the longer processing times associated with sample scanning, the technique employs readily accessible equipment and provides some degree of 3D patterning within photoresponsive biomaterials.

*Multiphoton laser-scanning lithography.* Limitations of single-photon laser-scanning lithography can be addressed through the use of a pulsed near-infrared (NIR) laser source. Near-instantaneous absorption of two low-energy photons confines photoreactions to the focal plane, which improves z-resolution (typically 2–3 µm). NIR light permits deeper sample penetration and avoids cell damage and deterioration of photosensitive molecules surrounding the region of interest. However, this technique is time consuming and relies on specialized, expensive equipment.



Mask-based photolithography



Single-photon laserscanning lithography Multiphoton laserscanning lithography

The spatiotemporal tunability provided by photoreactions for therapeutic delivery has also proved invaluable in the creation of dynamic cell culture platforms. Hydrogels are a class of biomaterials that mimic many properties of native tissue and are commonly used for tissue engineering and 3D cell culture. Although gels can be cast with well-defined initial physiochemical properties, next-generation strategies seek to create biomaterials that capture the dynamic and heterogeneous characteristics of the native extracellular matrix (ECM). Light exposure can be controlled in four dimensions, and therefore, local attributes of photoresponsive biomaterials can be governed on demand and in the presence of live cells. Such dynamic platforms allow for the investigation of disease progression and tissue morphogenesis and, ultimately, the engineering of complex functional tissues.

In this Review, we highlight advances in photoresponsive biomaterial engineering for controlled drug delivery, investigating photoreaction mechanisms and applications of different photochemistries in the targeted release of bioactive therapeutics. We then examine phototunable cell culture platforms with special emphasis on the photochemical reactions that govern 4D material responsiveness, physicochemical tunability and biophysical alterations. Finally, we discuss exciting opportunities for next-generation photoresponsive systems.

## Photomediated drug delivery

Controlled drug delivery ideally introduces bioactive compounds to precise locations at defined times, and therapeutic concentrations are maintained by providing protection from biodegradation and clearance in vivo. Drug delivery strategies should have high loading efficiency, cytocompatibility and on-demand, dosecontrolled release only at desired sites. Among externally controllable stimuli, such as light, magnetic fields or ultrasound, light affords near-instantaneous release with precise on and off spatiotemporal control in a minimally invasive manner. Furthermore, photochemistries are wavelength-specific, offering the opportunity to exploit multiple reactions for on-demand delivery of different therapeutics from a single system. Reactions are being developed that are active in the near-infrared (NIR) range, because they are less damaging to tissue and afford increased penetration depth<sup>12</sup>. Photoresponsive drug delivery vehicles can be categorized on the basis of their underlying photochemical mechanism: an explicit molecular cleavage event, isomerization or rearrangement; or whether light is used in conjunction with additional species to initiate thermal or free-radical processes.

# **Bond photolysis**

Photoscissable covalent bonds can be cleaved with a sufficient dose of wavelength-matched irradiation, forcing molecular dissociation. This photolabile property offers a robust approach to release compounds of interest at a target location through directed light exposure, which is particularly useful for drug delivery. Photosensitive drug delivery vehicles most commonly use nitrobenzyl and coumarin derivatives because of their synthetic tractability, favourable absorbance properties and photokinetics. They can be applied either as a cleavable linker between a therapeutic and a stable delivery vehicle, within the structural support of a photodegradable carrier or as a photocage to inhibit biological activity (FIG. 2a).

*Nitrobenzyl derivatives.* Nitrobenzyl chemistry was first applied in a biological setting to demonstrate the photoliberation of nitrobenzyl-caged ATP to serve as a substrate for an ATPase upon release<sup>6</sup>. Building on this foundational work, nitrobenzyl derivatives have been extensively employed to release small-molecule therapeutics<sup>13–15</sup>, proteins<sup>16,17</sup> and oligonucleotides<sup>18–22</sup> from various materials.

Release profiles are largely dependent on the chemical linkage between the therapeutic and the photoactive nitrobenzyl group. Through the incorporation of a nitrobenzyl ester crosslink in a polyethylene glycol (PEG)-2-aminoethyl methacrylate hydrogel containing small interfering RNA (siRNA), degradation and

Table 1   Photochemistries for the control of biomaterial function				
Functional group or reaction	Representative mechanism	Relative rate*	Relative use‡	
			Drug delivery	4D cell culture
Cleavage			uctivery	culture
Nitrobenzyl	$\begin{array}{c} 0 \\ R^{1} \\ R^{1} \\ \end{array} \\ \begin{array}{c} 0 \\ NO_{2} \\ \end{array} \\ \begin{array}{c} 365 \text{ nm} \\ R^{1} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{1} \\ \end{array} \\ \begin{array}{c} 0 \\ NO \\ \end{array} \\ \begin{array}{c} 0 \\ R^{1} \\ \end{array} \\ \begin{array}{c} 0 \\ NO \\ \end{array} \\ \begin{array}{c} 0 \\ HO \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\ R^{2} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\ R^{2} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\ R^{2} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\ R^{2} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\ R^{2} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\ R^{2} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\ R^{2} \\ R^{2} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\ R^{2} \\ R^{2} \\ R^{2} \\ \end{array} \\ \begin{array}{c} 0 \\ R^{2} \\$	++	JJJ	<i>√ √ √</i>
Coumarin	$R^2$ $\rightarrow$ 365 nm $OH$ $+$ $H^2$	+++	J J	11
Disulfide	$R^{1} \xrightarrow{S} S^{R^{2}} \xrightarrow{2[1]} R^{1} \xrightarrow{S} [1] + [1] \xrightarrow{S} R^{2}$	++	-	1
Isomerization				
Azobenzene	$\stackrel{R^{1}}{\longmapsto} \underset{N^{2}}{\overset{N}} \underset{R^{2}}{\overset{365nm}} \xrightarrow{\overset{R^{1}}{\underset{445nm}}} \underset{N=N}{\overset{R^{1}}{\underset{N=N}{\overset{R^{2}}{\underset{N=}}{\overset{R^{2}}{\underset{N=}}{\overset{N}{\underset{N}=}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}$	++	J J	1
Spiropyran or merocyanine	$\begin{array}{c} R^{1} \\ N \\ $	++	1	1
Rearrangement				
DNQ	$\bigcup_{R^{1}}^{O} N_{2} \xrightarrow{350 \text{ or}}_{B00 \text{ nm}} \bigcup_{R^{1}}^{O} OH$	++	1	-
RAFT	$R_{1} \sim S \sim R_{2} + HS \sim R_{3} \xrightarrow{[1 \cdot ]} R_{1} \sim S \xrightarrow{R_{3}} + HS \sim R_{2}$	+++	-	1
Addition				
Acrylate	$R' \frown O \xrightarrow{[1]} f \xrightarrow{[1]} f \xrightarrow{f}_n \\ O \xrightarrow{f} O \\ R' \xrightarrow{f} f \xrightarrow{f} O \\ R' \xrightarrow{f} O \\ $	+++	-	<i>JJJ</i>
Photocaged Michael addition	$\stackrel{R^{1}}{\longrightarrow} S \xrightarrow{365  \text{nm}} R^{1} \stackrel{S^{1}}{\longrightarrow} R^{1} \stackrel{S^{2}}{\longrightarrow} R^{1} \stackrel{S^{2}}$	++	-	$\checkmark$
Thiol-ene	$R^{1} \xrightarrow{SH} + R^{2} \xrightarrow{[1^{\circ}]} R^{1} \xrightarrow{S} R^{2}$	+++	-	<b>\</b>
CuAAC	$\mathbf{R}^{1,\mathbf{N}_{3}} \stackrel{*}{=} \mathbf{R}^{2} \underbrace{\overset{Cu(i)}{\overset{U(i)}}{\overset{U(i)}{\overset{U(i)}}{\overset{U(i)}{\overset{U(i)}}{\overset{U(i)}{\overset{U(i)}}{\overset{U(i)}}{\overset{U(i)}}{\overset{U(i)}}}{\overset{U(i)}}{\overset{U(i)}}{\overset{U(i)}}}{\overset{U(i)}}}{\overset{U(i)}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}$	+	-	1
FXIIIa catalysed	$ \begin{array}{c} \begin{array}{c} & \\ & \\ & \\ & \\ & \\ & \\ & \\ & \\ & \\ & $	+	-	1
Oxime ligation	$ R^{1} \xrightarrow{O} N \xrightarrow{O}_{H_{O_{2}N}} \xrightarrow{365 \text{ nm}} R^{1} \xrightarrow{O} NH_{2} \xrightarrow{O}_{R^{1}} R^{1} \xrightarrow{O} N \xrightarrow{R^{2}} R^{1} \xrightarrow{O} X \xrightarrow{R^{2}} R^{1} \xrightarrow{O} X \xrightarrow{O} X \xrightarrow{R^{2}} R^{1} \xrightarrow{O} X $	++	-	1

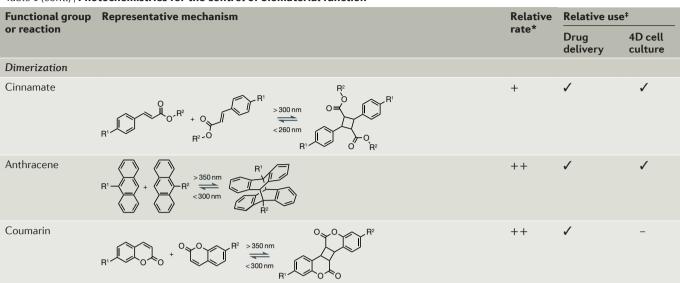


Table 1 (cont.) Photochemistries for the control of biomaterial function

CuAAC, copper-catalysed azide-alkyne cycloaddition; DNQ, 2-diazo-1,2-napthoquinone; FXIIIa, coagulation factor XIII A chain; RAFT, reversible additionfragmentation chain-transfer. \*The relative reaction rate is indicated with plus signs (+). <sup>‡</sup>The relative usage of each reaction for drug delivery and 4D cell culture is indicated with check marks.

> release of the material were induced upon exposure to UV light<sup>21</sup>. Although nitrobenzyl photolysis enables controlled delivery through light exposure, the lack of longterm stability associated with gradual ester hydrolysis is a potential limitation. In order to minimize hydrolytic degradation upon intradermal injection, therapeutic cargos can be linked through a nitrobenzyl ester derivative to insoluble polymeric microbeads. In this manner, human insulin has been remotely released from polystyrene matrices through short external exposures at 365 nm to regulate blood levels in vivo23. Replacing the ester with hydrolytically stable linkages (such as amides or carbonate) offers a method to decrease nonspecific release<sup>24</sup>. For example, a nitrobenzyl carbonate linker between a box-like DNA nanostructure and the therapeutic cargo has been developed to release small molecules and large proteins<sup>17</sup>. Nitrobenzyl photocleavage at 302 nm releases biomolecules from the nanostructure, eliciting a biological response within milliseconds. This approach allows for the release of a molecule with intact biological activity. However, the toxicity of the short wavelengths and the limited depth of tissue penetration of the light limit the in vivo applicability of this system. Alternatively, hydrophobic therapeutic release under UV irradiation can be achieved using 4,5-dimethoxy-2-nitrobenzyl-containing poly(lacticco-glycolic acid) nanoparticles<sup>25</sup>. The carbamate linkage employed here increases particle stability and facilitates the controlled release of small-molecule therapeutics 10 weeks after injection in a rat model of choroidal neovascularization<sup>26</sup>.

> Substantial efforts have been dedicated to improving the photocleavage kinetics and redshifting compound absorbances to increase species cytocompatibility and expand the application of nitrobenzyl-based photochemistry in living systems<sup>27</sup>. Substituent effects can be used to increase nitrobenzyl photocleavage rates at

higher wavelengths  $(\lambda > 360 \text{ nm})^{28}$ . Three differently substituted nitrobenzyl-based linkers with different wavelength photoresponsiveness (365-436 nm) enable the wavelength-dependent release of three model therapeutics from a single material<sup>29</sup>. Another nitrobenzyl derivative, 2-(2-nitrophenyl)propyloxycarbonyl (NPPOC), can be efficiently cleaved using multiphoton NIR<sup>30,31</sup> and red-light<sup>32</sup> excitation, which makes it applicable for higher wavelength ( $\lambda > 360 \text{ nm}$ ) drug delivery techniques. Single-photon IR-initiated photocleavage has been achieved through the combination of nitrobenzyl moieties with silicon quantum dots15 and upconverting nanoparticles<sup>33-37</sup>. The diverse library of nitrobenzyl linkers, which are responsive to a variety of wavelengths, allows for the development of dynamic, smart delivery vehicles for sequential therapeutic release.

Directed release of biological molecules to a specific cell type or tissue within the body by locally concentrating the delivery vehicle can reduce minimum effective therapeutic dosages, increase efficacy and eliminate off-target effects. Specific targeting can be achieved through on-site gelation of photodegradable materials<sup>21</sup> or by exploiting key markers and features of the local microenvironment. For example, cancer cells, which overexpress folate receptors, can be targeted by decorating the vehicle with folic acid residues<sup>38-41</sup>. Micelle carriers modified with folic acid and containing a nitrobenzyl-photocaged camptothecin prodrug demonstrate an improved cellular uptake; chemotherapeutic release into the cytosol is triggered by subsequent light exposure<sup>41</sup>. Similarly, cell-penetrating peptides, that is, amino acid sequences that mediate transport across the cell membrane, can be conjugated to drug delivery vehicles to increase intracellular delivery42,43 or can be photocaged with nitrobenzyl-derived nitroveratryloxycarbonyls (NVOCs) to control cellular uptake44-46.

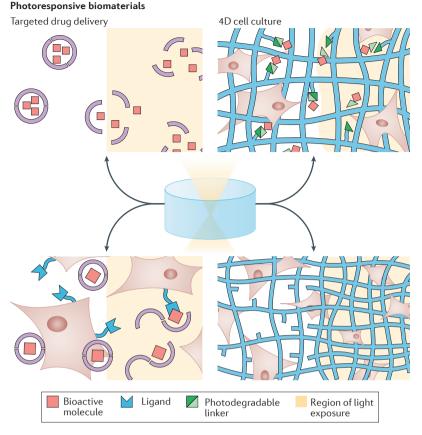


Figure 1 | Photoresponsive biomaterials as platforms for targeted drug delivery and 4D cell culture. Localized, on-demand therapeutic release can be controlled through selective light exposure to a photoresponsive delivery vehicle or through photomediated activation of a bioactive molecule, which becomes available for specific-ligand binding. Similarly, photoresponsive hydrogels can be modified with a photodegradable linker, which enables the spatiotemporally defined patterning of biochemical and biophysical cues to recreate the dynamic, heterogeneous cellular microenvironment.

Orthogonal chemistries have been used in conjunction with nitrobenzyl-based linkers to create systems responsive to multiple stimuli<sup>47-51</sup>. For example, a poly(2-hydroxyethyl methacrylate-co-methacrylic acid) microgel containing myoglobin undergoes pH-dependent swelling and de-swelling for slow release and photomediated NVOC-crosslinker cleavage for rapid delivery following vehicle photodegradation<sup>50</sup>. Mesoporous silica nanoparticles (MSNs) have been employed to create a triple-stimuli-responsive vehicle containing a disulfide linkage, which is cleaved under reductive conditions, pH-sensitive poly(2-(diethylamino)-ethyl methacrylate) polymer caps and an ortho-nitrobenzyl ester photolinker<sup>51</sup>. Even though these systems represent an important step towards the development of multi-stimulisensitive chemistries within a single device, they are limited by leakiness and UV-unresponsiveness. Ideally, delivery vehicles remain fully stable until therapeutic release is required. Hydrogels can be programmed to exhibit Boolean-logic-based degradation of material crosslinks in response to precise combinations of external stimuli for triggered drug delivery<sup>47</sup>. When nitrobenzyl moieties are connected in series with another degradable

functionality, the cleavage of either group causes material dissolution (OR gate); when scissile moieties are connected in parallel, cleavage of both is required for degradation (AND gate). Multiple gates hierarchically combined enable complex logic-based delivery in response to light alongside other dynamic stimuli.

Coumarin compounds. Coumarin derivatives have become popular phototriggers since their early demonstration as efficient photocleavable moieties<sup>52</sup>. The high absorption efficiencies, fast cleavage rates, ease of redshifting their absorption profiles and affinity for multiphoton-induced reactions make coumarin derivatives favourable alternatives to nitrobenzyl-based linkers<sup>53,54</sup>. As such, efforts have been dedicated towards the development of new photolabile coumarin compounds, which have been applied to micelles<sup>55</sup>, microgels<sup>56</sup> and MSNs<sup>57-59</sup>, and used as simple cages<sup>53,60</sup> for photomediated drug delivery. Similar to nitrobenzyl-based delivery vehicles, folic acid residues<sup>59,61,62</sup>, complementary mRNA sequences63 and dual-caging strategies64 have been used in conjunction with coumarin compounds to target specific cells or tissues.

Minor chemical modifications of coumarin compounds result in large absorption shifts to higher, biocompatible wavelengths without a notable reduction in the quantum yield for cleavage7. For example, a 7-amino coumarin compound modified with vinyl groups for radical chain polymerization undergoes photocontrolled swelling and degradation of polystyrene microgels upon exposure to light at 400-450 nm<sup>56</sup>. Similarly, a redshifted, synthetically tractable 7-diethylamino-4-thiocoumarinylmethyl protecting group has a peak absorption above 450 nm and minimal response to UV light, which can be exploited for the wavelength-orthogonal photoinduction of distinct phenotypes in zebrafish with UV and blue light65. The coumarinylmethyl backbone can be further modified to create a library of cyan-light-responsive (470-500 nm) cages66. These photolabile molecules offer a narrow activation window at various wavelengths and thus represent an important step towards the controlled release of different therapeutics from a common material through wavelength specificity.

In addition to their high quantum yield under single-photon excitation, coumarin moieties are highly sensitive to multiphoton absorption, providing the possibility for therapeutic delivery to deep tissue. 6-Bromo-7-hydroxycoumarin esters and carbamates, which have been used for the controlled uncaging of glutamate in brain tissue67, require lower light intensities to elicit photocleavage and exhibit a relatively large multiphoton absorption cross section compared with unmodified coumarins. NIR-responsive, coumarin-containing block copolymer micelles have also been used for drug delivery<sup>68,69</sup>. Additionally, the delivery of hydrophilic payloads, such as cells and proteins, has been achieved through the NIR-based degradation of a short, watersoluble coumarin crosslinker<sup>70</sup>. Coumarin-based materials show great promise for in vivo drug delivery because of the ease of redshifting the absorption, the high quantum yield and the cytocompatibility.

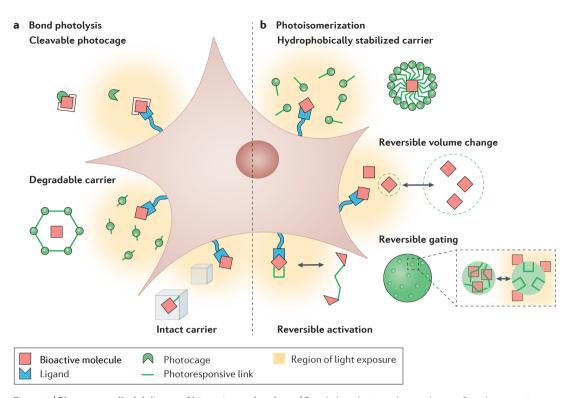


Figure 2 | **Photocontrolled delivery of bioactive molecules. a** | Bond photolysis can be used to confine therapeutic release to specific locations at specific times. Approaches have been developed that rely on the photoliberation of caged species, photodegradation of therapeutic delivery vehicles or photoscission of molecular tethers between a non-degradable carrier and a bioactive molecule. **b** | Photomediated isomerization reactions can be exploited to degrade hydrophobically stabilized delivery vehicles, to trigger changes in payload release rates through the reversible adjustment of the size of the delivery vehicle, for the reversible gating of therapeutics in stable delivery vehicles and for the reversible activation of therapeutic activity through conformational changes.

#### Photomediated isomerization

Photoexcitation can induce the reversible isomerization of selected organic compounds, such as azobenzenes and spiropyrans, by providing the required energy to reach a  $\pi^*$  state. This conversion initiates a molecular switch from one stereoisomer to the other without producing a molecular by-product. The trans-to-cis conversion of azobenzene occurs under UV light (365 nm) through a  $\pi - \pi^*$  transition; the *cis* conformation relaxes to the thermodynamically stable trans isomer in the dark or under visible light (445 nm)<sup>71</sup>. Spiropyran undergoes photoinitiated (365 nm) ring-opening isomerization to an unstable zwitterionic merocyanine. The reverse reaction rate is highly dependent on the molecular substituents but can be accelerated by exposure to visible light. These reversible isomerizations can serve as building blocks for the creation of smart drug delivery vehicles (FIG. 2b).

*Azobenzene isomerization.* Since the first application of an azobenzene photoisomerization for the construction of photoresponsive membrane systems<sup>72</sup>, this photoreaction has been used to destabilize micelles and vesicles by disrupting the interactions of the amphiphilic components for burst release<sup>73-76</sup> and as a photoswitch in which drug efficacy is dependent on the conformation<sup>77</sup>. Azobenzene-carrier conjugation has further been applied to create delivery systems<sup>78-81</sup>; for example,

vehicles that harness an impeller-type motion induced by repeated *cis-trans* isomerizations have been developed to increase diffusion rates out of MSNs<sup>79</sup>. These techniques have been used to release cholesterol<sup>82</sup> and to deliver DNA<sup>83</sup>.

Great effort has also been put forth to redshift the absorbance of azobenzene-based photoswitches with the assistance of upconverting nanoparticles<sup>84</sup> and through *ortho*-substitution and *para*-substitution<sup>85–87</sup>. For example, redshifted photoswitchable control can be gained through the tetra-*ortho*-chlorination of a fatty acid azobenzene designed to mimic capsaicin to regulate a nonspecific cation channel<sup>88</sup>. NIR-absorbing azobenzene compounds show promise in controlling biological targets *in vivo*<sup>89,90</sup>.

**Spiropyran-merocyanine isomerization.** Spiropyran photoisomerizes from a hydrophobic closed-ring structure to a hydrophilic, zwitterionic open-ring merocyanine structure. This change in polarity can be exploited for the photoinitiated disruption of hydrophobic and ionic interaction-dependent structures<sup>91-95</sup>. For example, spiropyran-indoline-PEG nanoparticles loaded with the chemotherapeutic docetaxel undergo reversible, UV-initiated (365 nm) shrinkage from 103 nm to 49 nm in diameter<sup>96,97</sup>. Treatment of subcutaneous HT-1080 tumours in nude mice with these nanoparticles using

a single light exposure leads to increased tumour penetration and increased intratumoural vessel diameters through apoptosis-induced vascular decompression, which results in decreased tumour sizes compared with those observed in treatments involving only docetaxel<sup>97</sup>. NIR light (980 nm) can also be used in conjunction with upconverting nanoparticles to release a chemotherapeutic from a spiropyran-containing amphiphilic polymer system *in vitro*<sup>94</sup>. Although only a few applications have been developed so far, reversible isomerization reactions provide the possibility to introduce cyclic on and off control of the activity of a biologic *in vivo*, a desirable trait towards inhibiting off-target activity or to achieve repetitive dosing.

#### Light-induced rearrangement

Photo-induced molecular rearrangement events can be exploited for therapeutic release. In response to UV light, diazocarbonyl compounds are converted to a ketene intermediate followed by a [2+2] cycloaddition adduct or a nucleophilic substituted product in the presence of a weakly or strongly acidic nucleophile a mechanism referred to as Wolff rearrangement<sup>98</sup>. Such systems can be designed to yield photoproducts with a shift in hydrophobicity strong enough to disrupt amphiphilic systems. 2-Diazo-1,2-naphthoquinone (DNQ) rearranges to a strongly hydrophilic carboxylic acid under UV (350 nm) and multiphoton excitation (800 nm)99. The first IR-controlled delivery of a hydrophobic model therapeutic using DNQ was not performed in the presence of cells100, but a DNQ-containing poly(ethylene oxide)-dendritic polyester micelle affords cytocompatible, triggered release<sup>101</sup>. DNQ coupled with tumour-targeting sugar residues in a dendritic nanoparticle<sup>102</sup> or in the backbone of a brush copolymer<sup>103</sup> exhibits particle degradation owing to NIR-induced shifts in hydrophobicity.

#### Photothermally induced delivery

The absorption properties and the resulting local heating of conductive nanomaterials have been extensively used to control drug delivery<sup>104</sup>. Although not directly falling into the category of photochemical reactions, such systems can be applied for indirect photomediated therapy. Conductive materials absorb incident photons of the correct wavelength and convert this energy into local heating to increase membrane permeability<sup>105</sup>, disrupt endosomes after endocytosis106,107 and induce phase transitions in temperature-responsive systems<sup>108-111</sup>. Therapeutic release has been demonstrated using light ranging from UV to NIR<sup>112-114</sup> from a variety of carriers, including MSNs<sup>113,115,116</sup>, gold nanocages<sup>117</sup>, nanorods<sup>114,118</sup>, polymer nanoparticles<sup>119-122</sup>, nanocrystals<sup>123</sup> and black phosphorous nanosheets<sup>124</sup>. For example, local heating from visible-light-absorbing magnetite nanoparticles dispersed in poly(N-isopropylacrylamideco-vinyl-2-pyrrolidinione) hydrogel beads induces a volume change leading to the release of dexamethasone from a transdermal patch<sup>125</sup>. Thermally conductive nanoparticle-based systems are highly versatile; however, local heating may damage the surrounding tissue

and limits the application of these systems to ones in which cell death is desired.

## Photosensitization

Photosensitizers produce reactive oxygen species for photodynamic therapy<sup>126,127</sup>, prodrug activation<sup>128-130</sup>, liposome disruption<sup>131</sup> and drug release from endocytic vesicles through photochemical internalization (PCI)132-134. PCI-based gene delivery using a dendrimer complex increases transcription relative to basal levels by 100-fold in vitro and in vivo135. Alternatively, an NIR-absorbing phthalocyanine photosensitizer can be used to locally release an anaesthetic through lipid peroxidation of a phosphocholine liposome carrier<sup>131</sup>. This technique is limited by an initial burst release, in which the area is immediately anaesthetized for 10h; however, controlled release can be achieved with subsequent exposures. Although photosensitization techniques do not show detectable local temperature changes<sup>136</sup>, the produced radical species can induce vascular damage137. Applying this effect in a tumour microenvironment to disrupt the endothelium increases the bioavailability of a chemotherapeutic within the tumour. Harsh radical-based chemistry may be appealing to cancer treatment, but side effects and possible tissue damage must be considered for other therapeutic regimes.

### Photoresponsive cell culture platforms

There is growing interest in the development of 3D cell culture substrates to investigate fundamental biology, interrogate disease physiology and engineer functional tissue. However, most 3D systems are static with defined physiochemical properties, which cannot capture the dynamics of the ECM. Therefore, tunable 4D biomaterials are being developed that recapitulate the key variable and heterogeneous aspects of native tissues<sup>138</sup>. Hydrogels are crosslinked polymeric networks, which are powerful platforms for 4D cell culture because their chemical and physical properties can be customized to mimic *in vivo* microenvironments. Just as photochemistry has proved beneficial for controlled drug delivery, photoresponsive hydrogels can be used to recreate the spatiotemporal variations of native tissue, including the dynamic presentation of signalling cues and moduli changes that accompany morphogenesis, disease and healing.

#### **Biochemical alteration of biomaterials**

The native cellular microenvironment is characterized by the heterogeneous presentation of biochemical cues, that is, small molecules, peptides and proteins, with varying local concentrations. Therefore, efforts have focused on the development of *in vitro* culture platforms that enable spatial and temporal control over biochemical presentation within synthetic materials. One approach is to introduce, remove or reversibly control biochemical functionality by use of photochemistry.

**Photomediated introduction of biochemical functionalities into biomaterials.** Photochemical addition reactions are essential for the immobilization of bioactive ligands in hydrogels. The gold standard of hydrogel

formation has long been based on the free-radical chain photopolymerization of PEG diacrylate (PEGDA). The hydrophilicity, biocompatibility and bioinertness of PEGDA provide a 'blank slate' in which cells, proteins and small molecules can be encapsulated with high fidelity. Moreover, photopolymerization can be achieved within minutes employing cytocompatible photoinititators<sup>139</sup>. Biochemical cues can be introduced to PEGDA by spatially controlled addition140-142 (FIG. 3a). Not every acrylate group needs to be consumed for gelation; thus, unreacted moieties remain available for the immobilization of cues. Initially, these free moieties were labelled with an acrylate-PEG-Arg-Gly-Asp (RGD) polymer-peptide conjugate through secondary light exposure at selected volumes within the gel. Local concentrations of the immobilized biomolecule can be tuned through the in-solution precursor concentration and irradiation time<sup>143</sup>. Since then, PEGDA hydrogels have been photochemically modified with multiple cues142 by both bulk biochemical gradients144 and tissue-inspired 3D computer-generated patterns to control 3D cellular organization<sup>145</sup>.

These techniques have been extensively used to unravel the cellular response to biochemical signals, ranging from short adhesion peptides<sup>146</sup> to full-length proteins<sup>147</sup>. For example, photopatterned hydrogels

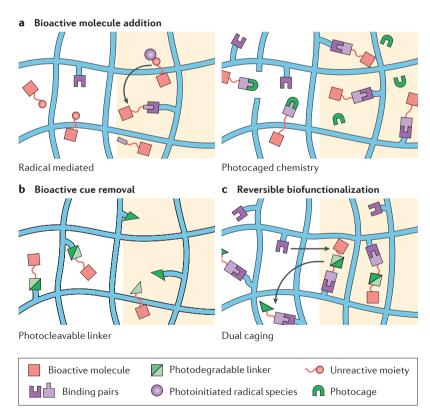


Figure 3 | Photomediated biochemical alteration of biomaterials. a | Hydrogels can be biochemically functionalized through photoinitiated, radical-mediated addition reactions and through the selective de-protection of photocaged reactive groups. b | Photocleavable linkers allow for the local removal of functional moieties upon light exposure. c | Dual caging involves a combination of photoaddition and photoremoval techniques to reversibly control the presentation of biochemical cues using sequential, often orthogonal, light exposures. enable the formation of complex, vascularized systems to overcome diffusion limitations associated with large 3D constructs. Endothelial cells seeded on the surface of a PEGDA hydrogel functionalized with strips ( $\geq$ 50 µm wide) of the adhesion peptide Arg-Gly-Asp-Ser (RGDS) undergo concentration-dependent and width-dependent angiogenesis146. Additional patterning with vascular endothelial growth factor (VEGF) initiates the spontaneous formation of endothelial tubules in the gel147. The degree of polymerization of PEGDA determines the mechanical properties of the gel; therefore, crosslink formation reduces the finite number of free acrylate groups available for further biochemical functionalization. Additionally, keeping a certain amount of acrylate groups unreacted is difficult to control and characterize. This issue can be addressed by uniformly including photocaged reactive species throughout the material, which can be uncaged for biochemical anchoring. This strategy was first demonstrated in agarose-based gels modified with photocaged thiols<sup>148-151</sup>. Applying UV light to selected volumes of the gel triggers the uncaging of thiols that are subsequently available for Michael-type addition reactions with maleimide-functionalized biomolecules. This method allows for the selective modification of the gel in UV-exposed regions. In contrast to acrylate-based patterning, the mechanical properties of the gel remain the same, because the immobilization of biomolecules is not related to the crosslinking of the gel. This technique has been used to promote dorsal root ganglia cell invasion into RGDS-patterned gels in a concentration-dependent manner<sup>148,152</sup>. The photomediated Michael addition can be extended to the sequential patterning of one protein of a binding pair into a gel, for example, biotin-streptavidin<sup>150</sup>, barnase-barstar<sup>150</sup> or human serum albumin-albumin binding domain<sup>151</sup>. Thereby, the gel can be functionalized with a protein of choice by fusing it to the respective binding partner. Although innovative, the limited cytocompatibility of the maleimide-thiol reaction resulting from cross reaction with native thiols as well as the slow reaction rates limit applications in the presence of cells.

'Click chemistry' has also been explored as a bioconjugation strategy for the development of well-defined hydrogels, which can be biochemically functionalized. Click reactions, such as thiol-ene addition or coppercatalysed azide-alkyne cycloaddition (CuAAC), enable one-to-one addition with high reaction yields and specificity<sup>153,154</sup>. The thiol-ene reaction can be photochemically initiated with an appropriate cytocompatible photoinitiator (for example, lithium phenyl-2,4,6-trimethylbenzoylphosphinate<sup>139</sup>, Irgacure 2959 (REF. 155) or Eosin Y<sup>156</sup>), resulting in a radical-mediated step-growth reaction between a free thiol and an alkene<sup>157</sup>. Unlike chain reactions, step-growth polymerizations generally evolve into homogeneous networks, forming a uniform material for photopatterning after gelation. The first photoinitiated thiol-ene-based biochemical patterning was demonstrated by conjugating cysteinecontaining peptides into CuAAC-based PEG networks without modification of the gel mechanics<sup>153</sup>. To circumvent the use of cytotoxic CuAAC, a bio-orthogonal,

cytocompatible polymerization, strain-promoted azidealkyne cycloaddition (SPAAC) can be used, which is compatible with thiol-ene-based photopatterning<sup>158</sup>. The degree of photopatterning can be precisely controlled by the light dosage. Furthermore, this reaction can be iteratively performed to create complex biochemical gradients and to functionalize a single hydrogel with multiple bioactive peptides<sup>158,159</sup>. Such materials can be used to control 3D cell spreading in gels patterned with islands of RGDS, representing true photo-directed control over 3D cell migration.

Further improvements to thiol-ene-based modification include patterning with allyloxycarbonyl (alloc)-functionalized peptides of gels formed between thiol-functionalized multi-arm PEGs and di-alloc endfunctionalized peptide crosslinks<sup>160</sup>. Moreover, strained norbornene functionalities show improved reactivity for the immobilization of cues in PEG hydrogels<sup>161,162</sup>. Likewise, gel stiffness can be increased through further thiol-norbornene-based crosslinking of electrospun coil-like nanofibrous hyaluronic acid (HA) gels, which closely mimic natural ECM<sup>163,164</sup>. Cell protrusion and alignment can be directed by patterns of RGD on the surface of the hydrophilic networks<sup>164</sup>.

Ideally, photochemistries retain reactivity in complex medium and in the presence of live cells. Photomodulated enzymatic reactions fulfil these requirements owing to their high selectivity towards target sequences, fast reaction rates and inherent biocompatibility; for example, coagulation factor XIII A chain (FXIIIa) catalyses an addition reaction between a free amine and a carboxamide residue of glutamine<sup>165,166</sup>. 6-Nitroveratryloxycarbonyl (NVOC)-photocaged, lysine-containing peptides can be covalently incorporated in a PEG-based hydrogel and, after photocleavage with laser light (405 nm), a glutamine-labelled biomolecule and the FXIIIa enzyme are swollen into the network, resulting in a stable amide linkage between the two species<sup>165</sup>. Such a patterning strategy can be used to direct cell invasion from human mesenchymal stem cell (hMSC) microclusters into a gel modified with RGD, recombinant fibronectin fragments  $(FN_{q_{-10}})$  or platelet-derived growth factor B (PDGFB). Similarly, photoinitiated, FXIIIa-catalysed immobilization can be applied to a HA-based hydrogel containing ortho-nitrobenzyl-photocaged, lysine-containing peptides for the in situ control of cell spreading and proliferation<sup>166</sup>. Enzyme-based patterning schemes will prove useful for the conjugation of small molecules, peptides and full-length proteins into 3D tissue constructs.

Light can also be explored for the spatial control of bioactivities through the photoactivation of biologics, which are uniformly present throughout a material. RGD, photocaged at its critical aspartic acid residue, can be activated to selectively promote cell attachment, spreading and migration<sup>167–169</sup>. For example, transdermal irradiation of a photoactivatable 3-(4,5-dimethoxy-2-nitrophenyl)-2-butyl ester-caged RGD moiety has been applied to regulate cell adhesion and to reduce fibrous capsule formation associated with the foreign body response following subcutaneous implantation of PEG hydrogels in mice<sup>170</sup>, marking the first

demonstration of how photopatterning can be used for the biochemical alteration of a hydrogel material *in vivo*. Photo-uncaging of synthetic peptides has also been shown to promote increased cell attachment and proliferation; however, applying this strategy for the activation of bioactive proteins that regulate more complex cellular functions has yet to be demonstrated.

Photomediated removal of biochemical functionalities from biomaterials. 3D cell culture systems can be made photoresponsive to specifically remove biochemical cues, addressing the biological importance of ligand dynamics in cellular plasticity. Such systems are used to activate or deactivate signalling pathways, to deliver soluble species to encapsulated cells or to create biochemically patterned substrates. For example, chondrogenic differentiation of MSCs is accompanied by fluctuating fibronectin production that influences differentiation signalling pathways. Fibronectin-derived RGDS peptides, which are covalently linked to PEGDA hydrogels through a nitrobenzyl-based photolabile linker, can be stochastically incorporated into the gel during polymerization171, representing a simple and robust methodology to photorelease bioactive species from mechanically stable materials. Encapsulated MSCs interact with the bioactive peptide and remain in an undifferentiated state in the gel. After UV-initiated photocleavage, the cells exhibit increased signs of chondrogenesis owing to the removal of RGDS peptides from the microenvironment (FIG. 3b).

An individual compound can greatly influence cell function, but controlling several chemical signals within the same system better mimics in vivo signalling. The wavelength-selective release of multiple signals was first demonstrated through the selective and simultaneous, or independent release of three model therapeutics from a hydrogel to create multistage release profiles<sup>29</sup>. Two nitrobenzyl-based crosslinkers can be used for wavelength-specific, but not fully orthogonal, cell release from materials<sup>172</sup>. Coupling a coumarin-based photodegradable linker (405 nm) with a classic nitrobenzyl compound (365 nm) allows staggered release of bone morphogenic protein (BMP) 2 and BMP7 from a PEGbased hydrogel to investigate hMSC osteogenesis<sup>173</sup>. Using this approach, the relative rate of protein photorelease can be preferentially influenced by wavelength; however, full orthogonality has not been achieved. Strategies that offer true wavelength-dependent control of biomaterial properties remain elusive.

**Reversible control of hydrogel functionality.** Advanced biomaterial platforms afford the reversible control of biofunctionalities (FIG. 3c). The first reversible biochemical patterning of PEG-based hydrogels exploited a visible-light-initiated thiol-ene reaction to immobilize thiol-functionalized peptides. UV exposure then triggers cleavage of the nitrobenzyl linkage, resulting in the release of the peptides<sup>174</sup>. Although reversible immobilization has been demonstrated using both photolithographic and multiphoton laser-scanning lithography, the approach does not provide repeatable reversibility, because reactive alkenes are continuously

consumed throughout each immobilization event. Fully dynamic functionalization can be achieved by applying a reversible addition-fragmentation chain-transfer (RAFT) reaction for the iteratively repeatable immobilization of thiol-containing peptides. Using this technique, a PEG-based hydrogel can be functionalized with complex, dynamic patterns of multiple fluorescent molecules175. However, this approach relies on free-radical chemistry, which hinders its application for complex, sensitive molecules, such as proteins. Alternatively, a bioorthogonal photomediated oxime ligation can be used for the immobilization and subsequent removal of fulllength proteins through nitrobenzyl photocleavage<sup>176,177</sup>. For example, patterned tethering and release of vitronectin allow for the reversible and spatially controlled osteogenesis of hMSCs176. This method requires repeated patterning cycles, which are limited by the finite number of available reactive groups. Thus, strategies for the fully reversible immobilization of biomolecules remain of prime interest for recreating the complexity of the cellular microenvironment.

## **Biophysical alteration of biomaterials**

Tissue biomechanics are crucial for tissue function, and physical forces establish an intimate relationship between cells and their microenvironment. Focal adhesions are protein complexes that connect the cell cytoskeleton to the proteins of the ECM, thereby translating biophysical signals. The stiffness and elasticity of the ECM influence cell adhesion, spreading and morphogenesis, and thus cell fate<sup>178,179</sup>. The mechanical properties of the cell microenvironment undergo drastic changes throughout tissue homeostasis, development, disease progression and healing<sup>180</sup>, reflected in the dynamic interactions between cells and their ECM. 4D control of phototunable materials offers a way to recapitulate the biophysical dynamics that occur in vivo. The fast kinetics of photochemistry and the high resolution of exposure techniques allow for the spatial and temporal control of hydrogel elasticity and degradation.

Photomediated increase in biomaterial stiffness. In a covalently crosslinked network, the elastic modulus (G')or stiffness is dictated by the crosslink density and thus can be increased with spatiotemporal control through the formation of secondary crosslinks after gelation (FIG. 4). For example, PEGDA gels can be formed without the consumption of all acrylates; chain-growth extension of the remaining reactive groups through patterned secondary photopolymerization of additional PEGDA results in localized increases in elastic moduli from 3 to 7 kPa (REF. 140). This approach allows for the examination of stiffness-dependent biological processes within one material. Macrophages seeded on mechanically graded hydrogels ( $G' \approx 5-100$  kPa) preferentially migrate towards stiffer substrate regions<sup>181</sup> — a process known as durotaxis. Hepatic stellate cells cultured on the surface of a photopatterned HA-based hydrogel differentiate into myofibroblasts in stiffer areas of the gel, mimicking a key event in liver fibrosis, which is characterized by matrix stiffening<sup>182</sup>. The formation of myofibroblasts is dependent on

the size of the stiff region, and reseeding of the cells onto a 3D substrate of original stiffness initiates a reversion to quiescence. Such photomediated gel-stiffening strategies are not limited to synthetic systems; the crosslinking of artificial proteins containing a photosensitive, non-canonical amino acid, *p*-azidophenylalanine, which undergoes nonspecific photoaddition upon exposure to UV light, leads to the selective stiffening of elastin-based hydrogels<sup>183</sup>. Crosslink formation occurs in a dose-dependent manner such that patterning can be finely tuned across a wide range of moduli (~0.3–1.0 MPa) through variation of the exposure duration.

Photostiffening also proves valuable for examining cell–ECM interactions in nonpolarizing, nativelike 3D environments. Methacrylated HA (MeHA) gels can be formed through Michael addition with bis(cysteine)-containing, enzymatically degradable peptide crosslinkers. Some acrylates can be left unreacted for the spatiotemporally controlled photo-addition of non-degradable crosslinks<sup>184,185</sup>. These non-degradable bonds prevent cellular matrix remodelling, thus restricting cell shape changes and differentiation. Human MSCs forced into a spherical morphology undergo adipogenesis, whereas cells permitted to spread preferentially differentiate into osteoblasts. Cell traction forces, which are established through cell-mediated matrix remodelling, are responsible for directed hMSC differentiation<sup>186</sup>.

In addition to photo-addition reactions, the photoliberation of reactive functionalities can be used to form new crosslinks after gelation<sup>187,188</sup>. Using photocaged thiols, the crosslinking density of PEG-based biomaterials can be increased through a photo-driven Michael addition<sup>188</sup>. The exposure-dependent nature of the chemistry enables the formation of substrates with different stiffness gradients (3-8 kPa). Human MSCs seeded on top of materials with  $G' \ge 5.5$  kPa exhibit durotaxis, suggesting a mechanical threshold to induce a cellular response. A photomediated oxime ligation has also been exploited for gel stiffening, enabling localized material alterations in a fully bio-orthogonal manner<sup>177</sup>. Alternatively, the ionic crosslinking of alginate gels can be controlled through the phototriggered release of a divalent cation, such as calcium<sup>189,190</sup>, or a calcium chelator<sup>190</sup> to stiffen or soften the gels, respectively.

Photomediated decrease in biomaterial stiffness. Light can be applied to reduce the crosslink density in a hydrogel, softening the material in a time-independent, controlled manner. High-intensity focused laser light can photoablate transparent materials to create channels and voids<sup>191,192</sup>. Cells can sense these topographical features as demonstrated by axonal regeneration and neurite outgrowth from dorsal root ganglia into photoablated microchannels<sup>193</sup>. However, material photoablation applies indiscriminate bond photolysis and therefore leaves behind unpredictable degradation products. Photocleavable linkers, which dissociate in a predictable manner, offer a low-intensity and cytocompatible alternative to photoablation<sup>171,194-199</sup> (FIG. 4). PEGDA-based hydrogel networks containing nitrobenzyl groups formed through redox-initiated radical chain polymerization

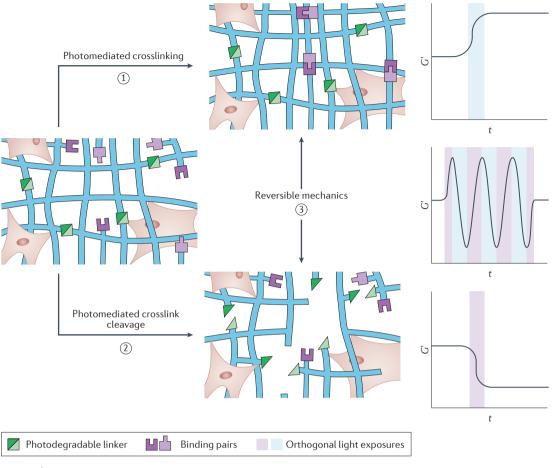


Figure 4 | **Photomediated biophysical alteration of biomaterials.** The biophysical properties of a hydrogel can be controlled through the photomediated crosslinking and cleavage of photodegradable linkers. Photomediated crosslinking can be exploited to increase the elastic modulus (*G*') of a hydrogel at specific times (*t*) through the formation of additional crosslinks. Softening of a hydrogel can be achieved through the selective degradation of photolabile crosslinks within the gel network. Combining both strategies allows for reversible and spatiotemporal control over hydrogel mechanics, mimicking extracellular matrix dynamics *in vivo*.

degrade upon UV-light exposure<sup>171</sup>. These materials have been extensively used to examine how bulk changes of material properties can influence cell migration<sup>171</sup>, how microtopographies affect cell morphology and alignment<sup>200</sup>, how elastic gradients influence cell function<sup>201</sup> and how erosion of adhesive ligands induces subcellular detachment<sup>202</sup>. For example, linear gradients of G' (7–32 kPa) can be created through graded photodegradation of PEGDA hydrogels to probe the influence of biomechanics on cell phenotype  $^{\rm 203}$  and to control the dedifferentiation of myofibroblasts into quiescent fibroblasts<sup>204</sup>. The reversion into fibroblasts occurs within 6 h of gel softening, mimicking the tissue-healing process. Such photodegradable hydrogels have also been used to investigate whether cells possess a mechanical memory of substrate conditions. By modifying the elastic properties of the substrate, it has been demonstrated that the influence of the mechanical characteristics on cell fate is dynamic and reversible<sup>205</sup>.

Bio-orthogonal, step-growth polymerization chemistries offer a homogeneous backbone with improved mechanical integrity and rapid erosion compared with that of chain-growth polymerized gels<sup>206</sup>. Independent control over biochemical and biophysical properties has been achieved using photodegradable SPAAC-based networks through the inclusion of a vinyl moiety for thiol-ene photoconjugation, which is initiated by visible light<sup>156</sup>. In this system, physical channels can be eroded and decorated with RGD to direct fibroblast motility in three dimensions. Similarly, channels can be created through the photodegradation of nitrobenzyl-containing SPAAC networks to encourage encapsulated motor neurons derived from embryonic stem cells to form neuronal axons<sup>207</sup>. Fully eroded channels offer the opportunity to engineer complex cellular networks and to mimic complex biological features, for example, vasculature<sup>208</sup> and multicellular aggregation<sup>209–211</sup>, by directing cell migration.

Alternative to nitrobenzyl cleavage, disulfide-crosslinked networks can be degraded through a radicalmediated disulfide fragmentation reaction<sup>212</sup>. In the presence of a photoinitiator, light exposure generates chemical radicals that propagate and cause multiple crosslink degradation events within seconds. This classic degradation chemistry can be applied for the rapid release of encapsulated cells from biomaterials, which

is used for harvesting specific cell populations from heterogeneous cultures *ex vivo* for a downstream analysis of single cell types<sup>156,213,214</sup>.

Redshifted chemistries can have a unique absorption spectrum and therefore enable the precise control of multiple functionalities at the same location in a single system. For example, a thiol-ene hydrogel polymerized with visible light undergoes UV-mediated photodegradation through a nitrophenylalanine photoscission reaction, which facilitates dual-wavelength control over network mechanics<sup>215</sup>. Photochemistries that extend material degradation further into the visible range are also being developed; for example, coumarin-based photodegradable units can be included, which are cleaved under exposure to visible light (405 nm)<sup>216,217</sup>.

Reversible control over physical properties. The functional control of most of the techniques discussed above is unidirectional. However, to capture the dynamic nature of cell-ECM interactions, materials with photoreversible stiffness are being engineered (FIG. 4). PEG macromers can be decorated with moieties that reversibly dimerize to sequentially stiffen or soften materials. For example, cinnamylidene acetyl moieties dimerize when exposed to UV light (>300 nm)<sup>218-220</sup>, which can be reversed to a certain degree upon exposure to higher-energy UV light (254 nm). However, this strategy suffers from photocleavage inefficiencies, undesired side reactions and poor molecular stability, and requires extended periods (0.5-1 h) of cytotoxic UV light to modulate the material<sup>220</sup>. Substituting nitrocinnamate for cinnamylidene acetyl moieties increases the photoreactivity and storage stability<sup>221</sup>. The photodimerization of anthracene<sup>222,223</sup> and coumarin<sup>224,225</sup> has also been explored for the reversible alteration of network mechanics, although undesired photocleavage reactions limit their cyclability. Despite their ability to offer nearly reversible mechanical modulation, these systems have found only limited application in tissue engineering owing to the long exposures to cytotoxic light (<300 nm).

By contrast, azobenzene undergoes efficient photoisomerization under cytocompatible exposure conditions and can be used to disrupt host-guest interactions in a reversible, wavelength-specific manner<sup>226</sup>. An azobenzene moiety can act as a junction between a cyclodextrinpolymer complex, thus exhibiting cyclic gel-to-sol transitions. Azobenzene can also be incorporated within PEG gel backbones, resulting in the reversible modulation of the mechanical properties of the gel following exposure to UV (365 nm) or visible (400-500 nm) light<sup>227</sup>. The hydrogel stiffness decreases by ~200 Pa upon photoisomerization of trans-azobenzene to cis-azobenzene, attributed to disruption of the hydrogen bond. Reversion to a stiffer substrate is induced by exposure to visible light or thermal relaxation ( $t_{1/2} \sim 9$  h at 37 °C). Primary porcine aortic valvular interstitial cells can be encapsulated in such a material before either light treatments, demonstrating cytocompatibility. The development of effective strategies to reversibly and repetitively modulate changes in gel mechanics in the presence of live cells remains an ongoing effort in the field.

#### Independent physiochemical tunability

Biochemical and biophysical matrix cues usually act cooperatively to influence cell function. Therefore, design principles need to be developed to simultaneously and precisely control both aspects within synthetic cell culture systems (FIG. 5). So far, only a few strategies have enabled the recapitulation of the physiochemical heterogeneity of native ECM. The combination of different wavelength-orthogonal photochemistries allows for the independent control of material stiffness and biochemical cues<sup>156</sup>. Distinct wavelengths of light can be used to dictate local substrate mechanics and the presentation of fibronectin to regulate cell function in a MeHA hydrogel<sup>228</sup>. Stiffness gradients can be created by a two-step Michael addition and a visible-light-based crosslinking procedure, and biochemical patterning of a gel can be accomplished through nitrobenzyl-photocage removal, liberating a thiol for a maleimide-based reaction with biomolecules. Dual patterning constitutes a high-throughput technique to probe cell-ECM interactions; however, the cytotoxicity of thiol-maleimide chemistry prevents translation to 3D cell studies. Although each of these strategies represents an important step towards the independent control of physicochemical properties, capturing the entire physiochemical aspects of native ECM remains elusive.

#### Outlook

Photochemistry can be near-instantaneously controlled in four dimensions, providing a powerful tool for targeted drug delivery and advanced cell culture. Many photoresponsive biomaterial systems have already been designed that provide high precision for probing and directing living processes, and the field continues to explore photochemistry for a variety of applications, especially for the dynamic photomodulation of material properties *in vivo*<sup>170,229,230</sup>. Future prospects exist in optically activating reactions at deeper locations within living human tissue; currently, the limited tissue penetration of commonly utilized light sources restricts the application of photoresponsive biomaterials to transdermal patches, the eye or sites just a few millimetres below the surface of the skin. While substantial effort has been dedicated to redshifting reactive moieties, chemistries that are hyperactive within the NIR optical window of biological tissue ( $\lambda$  = 600–1200 nm) are needed. A critical design constraint is to create reactive components that are responsive to the low energy supplied by high-wavelength light. Additionally, the species must remain stable and photochemically inert in dark and physiological conditions. Reactants with enhanced quantum yields and tunable absorbance properties will enable biocompatible photochemistries, which can be performed fast and in deep tissue.

Another area of active development addresses the request to independently conduct several different photoreactions within the same material system. Fluorescent microscopes now permit the simultaneous visualization of four or more fluorophores within one sample and even more when spectral deconvolution is employed; however, independent photomodulation of even two biomaterial

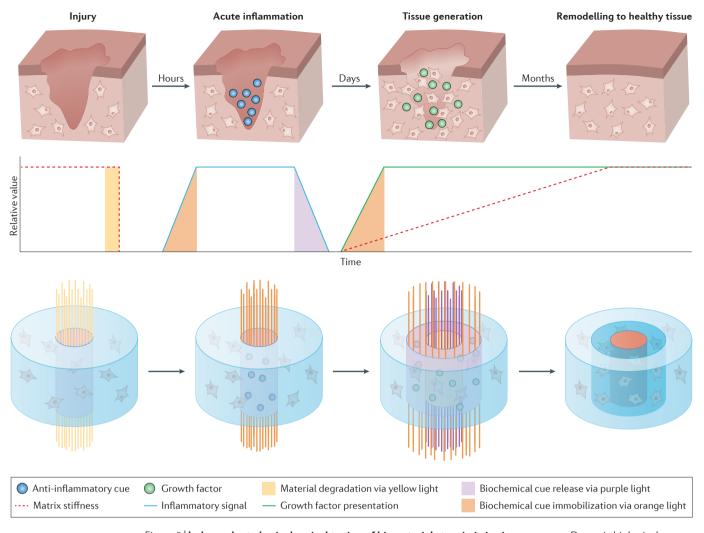


Figure 5 | Independent physiochemical tuning of biomaterials to mimic *in vivo* processes. Dynamic biological processes, such as wound healing, can be recapitulated by applying appropriately designed photochemistries, which allow for complete orthogonal control over the physiochemical properties of a cell culture substrate *in vitro*. Treatment of the three physiochemically and temporally distinct stages of the tissue repair process can be modelled through the reversible, local presentation of inflammatory signals and growth factors and through variations in the matrix stiffness. After injury resulting in the complete elimination of local cells and their extracellular matrix, damaged tissue activates an acute inflammatory response marked by the infiltration of key inflammatory cues from the blood plasma. Cells then proliferate at an increased rate to aid tissue generation promoted through the differential presentation of growth factors. Finally, the extracellular matrix is remodelled to restore tissue mechanics. Sequential exposure to different wavelengths of light triggers specific and orthogonal modifications of the material: yellow represents mechanical degradation, orange represents biochemical cue immobilization, and purple represents biochemical cue release. Thereby, an engineered tissue can be guided by light through the different stages of wound healing *in vitro*.

properties remains challenging. Continued effort must be made towards generating libraries of photoactive species for reactions that can be initiated in a wavelength-orthogonal manner. Components must have not only well-separated maximum absorbances but also narrow absorption peak widths to ensure minimal spectral overlap and independent activation<sup>231</sup>. This will enable the design of combinatorial drug delivery systems that release therapeutics in a medically relevant manner and to determine the biological importance of distinct physiochemical cues that are independently regulated within a common material.

The majority of photoresponsive biomaterials engineered to date rely on reactions that proceed only in one direction. The establishment of photoreactions that can be reversibly triggered using cytocompatible wavelengths remains of prime importance to control therapeutic activities within the body and to dynamically manipulate the physiochemical properties of synthetic cell culture platforms. Incorporation of allyl sulfides, originally developed as agents for RAFT polymerization, into materials has shown promise in creating reversible constructs<sup>175,232</sup>, as has azobenzene-mediated host–guest chemistry<sup>233,234</sup>. Borrowing from biology, reaction schemes using photoresponsive proteins, which can undergo reversible dimerization or conformational changes, may greatly improve the dynamic control over local material properties.

Many photoreactions commonly employed for biomaterial alteration, for example, thiol-ene, methacrylatebased and acrylate-based chain polymerization, are driven by free radicals, which can elicit damaging and nonspecific reactions with cells and tissues. Other reactions, such as photocaged Michael additions, rely on moieties that exhibit undesired cross reactions with functional groups found in biomacromolecules, including DNA or proteins. Many reactions proceed exothermally or operate through a photothermal effect, generating heat, which can damage the surrounding tissue. Reaction bio-orthogonality has to be considered to ensure that phototools can be safely and effectively used within living systems. The development of novel bio-orthogonal chemistries extends well past the field of photochemistry, and therefore, the establishment of general strategies to photoregulate reactions will prove invaluable.

Technological advances are also needed to direct light exposure onto and within materials. Multiphoton lithography enables material control in three dimensions, but the high equipment costs and slow processing speeds limit its application and scale-up. This issue can be addressed by the use of low-cost light sources with narrow emission spectra of tunable wavelengths over a broad range of power. Next-generation optical fibres and endoscopic techniques may further extend the reach of photomodulation techniques to light-impenetrable regions of the body. Collaborations with physicists and machinists specializing in optics will be crucial in achieving these goals.

Emerging optogenetic tools, combining aspects of both genetics and optics, facilitate precise control over intracellular processes. In addition to governing specific signalling events using light, strategies involving photoactivated Cre recombinase<sup>235,236</sup> (Cre–Lox recombination) and CRISPR–Cas9 (REFS 237,238) are providing opportunities to optically guide targeted genome editing. Through the combination of optogenetics and photoresponsive biomaterial platforms, independent manipulation of signalling events both within and around cells could be achieved. Such hybrid systems would provide complete control over probing and directing 4D cell fate.

Photochemistry will continue to enrich the development of next-generation biomaterials to meet clinical needs and further our understanding of dynamic biological processes. Clearly, the future for photoresponsive biomaterials remains bright.

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