

## 8 Photopolymers for Multiphoton Lithography in Biomaterials and Hydrogels

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### 8.1

#### Introduction

The advent of the polymer industry in the 1950s introduced a vast array of novel materials that have impacted all areas of life [1]. Today, polymers and polymerization reactions are utilized additionally in a range of biomedical applications, including as drug delivery systems [2], tissue engineering scaffolds [3], and as medical devices [4]. These biomedical applications have flourished as the available polymer chemistries and processing techniques have matured, enabling the creation of materials that can be tailored specifically for each use. In particular, advances in synthetic chemistry and photophysics have provided the tools needed to initiate and propagate polymerization reactions with light in a controlled manner [5, 6]. The use of light as the catalyst for polymerization provides the experimenter with an unprecedented level of spatial and temporal control over the reaction. That is, the reaction proceeds only where and when the user desires, allowing for facile production of geometrically defined polymeric materials on demand. Additionally, photopolymerization, which we define generally as the class of reactions that transforms solutions of low molecular weight monomers or prepolymers into high molecular weight species or crosslinked networks upon exposure to visible, ultraviolet (UV), or infrared (IR) light, affords high reaction rates under ambient conditions with relatively low energy input in both non-aqueous and aqueous solutions. To clarify, in this chapter photopolymerization will be used predominantly to describe the photocrosslinking of liquid precursors into solid or viscoelastic materials. Photopolymerization reactions have been leveraged within the biomaterials community to address niche design constraints, such as defined geometries (e.g., bone implants) or post-application sol–gel transition (e.g., *in situ* curing hydrogels) [7]. Concurrently, multiphoton lithography (MPL) techniques have been applied in photopolymerization, and the necessary tools are becoming more widely available to the biomedical community. In this chapter, we discuss, review, and provide perspective on the intersection between MPL and photopolymerization for biomaterials with a special emphasis

on the chemistries, platforms, and techniques that are relevant to the biological context.

Photopolymerizations have been instrumental in the advancement of several modern industries, including coatings and adhesives, integrated circuits, and optics, on account of their unique properties [8, 9]. Historically, the ancient Egyptians were the first to explore photopolymerization reactions as they utilized sunlight to crosslink oil-soaked linens to create environmental barriers during mummification [10]. In recent decades, photopolymerizations have been leveraged within modern medicine to fabricate biocompatible networks and hydrogels from monomers and end-functional polymers [11]. Here, networks refer to crosslinked polymeric materials that are utilized in the non-solvated state, whereas hydrogels refer to water-swollen crosslinked polymeric materials. The high swelling degree of hydrogels makes them attractive for biomedical applications, as they mimic the mechanical properties of tissues within the body and afford facile transport of nutrients, waste, and signaling molecules [12]. In either case, the spatial and temporal control afforded by photopolymerization enables the production of highly structured materials with predefined geometries and the ability to polymerize *in situ*. Photopolymerized biomaterials have been successfully implemented as barriers, cell delivery vehicles, tissue engineering scaffolds, and drug delivery systems [11].

For many applications, it is desirable to achieve increased feature resolution within 3D objects. Highly ordered or structured materials play an essential role in many modern technologies, including microprocessors, photonics, and optics [13]. Demands in these industries push for increased information content or feature density, which has fostered innovation in the materials science community to write micro- and nanoscale features into functional materials with high fidelity [14]. Photolithography and stereolithography remain the most accessible techniques for rapid and reliable fabrication at the micrometer scale for the fabrication of functional biomaterials. However, as our knowledge of biological systems is increasing, it is becoming clear that traditional monolithic photopolymerization reactions fail to provide materials with the information content needed for all applications. For example, the extracellular matrix (ECM), that is, the local environment that supports and instructs cell function, possesses a high degree of complexity with nanometer- and micrometer-scale architecture that varies with time [15]. Therefore, technologies used for *ex vivo* organ growth, three-dimensional (3D) cell culture, or as injectable cell carriers could all benefit by adopting strategies developed for high-content feature patterning in other industries.

Traditional photopolymerizations employed for biomaterial fabrication are often accessed through a photo-induced free-radical polymerization [16]. This approach minimally requires a precursor solution containing multifunctional monomers and a photoinitiator, as well as an appropriate light source (a comprehensive overview of these components is provided in Section 8.4). Photopolymerized materials are then fabricated by irradiating the precursor solution with light. Molds or masks constrain the geometry, while the dosage and intensity of the light control the extent and kinetics of reaction, respectively [17]. *In vivo*

photopolymerization (or *in situ* photopolymerization) is achieved similarly by placing the precursor solution into the appropriate location within the body, and subsequently initiating the polymerization with light [18]. In this manner, biomaterials can be fabricated rapidly that conform to desired tissue geometries. Alternatively, interfacial photopolymerizations are achieved by adsorbing or grafting a photoinitiator to a biomaterial surface from which a photopolymerized surface or brush can be generated [19]. These approaches enable conformal coatings, molded materials, or *in vivo* implants; however, none of these approaches exploits the full 3D and spatiotemporal resolution that photoinitiation affords, as they are confined to planar patterning.

Increased spatial resolution has been achieved by leveraging photolithography techniques used extensively in the microelectronics industry for the fabrication of integrated circuits [20]. Here, a photomask is used to selectively constrain illumination of the underlying precursor solution. Regions of illumination are photopolymerized into insoluble blocks, while the other nonpolymerized regions can be washed away post fabrication. In this manner, the user can generate defined planar geometries with micrometer-scale resolution and access 3D structures with layer-by-layer fabrication [21]. However, photolithography requires high-resolution photomasks for each geometry, remains diffraction-limited, and can form only simple 3D structures. Soft lithography can also be adapted to photopolymerizations [22]. Here, a master mold is formed in an elastomeric material, such as polydimethylsiloxane (PDMS), with a desired geometry. The mold is filled with a precursor solution, which is photopolymerized to recover the desired features. This approach has been applied to microfabricate biomaterials for drug delivery [23], tissue engineering [24], and microfluidic biosensing [25]. Soft lithography is also limited in that it requires a master mold tailored for each application and involves a multistep process to achieve micrometer-scale materials. An alternative approach for rapid prototyping and micrometer-scale material fabrication is laser scanning lithography (LSL)-based photopolymerization, whereby the focal point of a laser is rastered or serially scanned through defined regions of a precursor solution [26]. Photoinitiation occurs only where the solution is illuminated by the focused laser light, which provides the necessary photons to drive polymerization. On account of scattering and attenuation of the focused laser light, LSL is typically confined to the surface of the precursor solution. In this manner, 3D objects can be generated adopting stereolithographic techniques, whereby an automated stage with *xyz* control moves the object through the focal point of the laser. Layer-by-layer photolithography and LSL combined with stereolithography are currently utilized in the 3D printing industry. In each of these approaches, material fabrication remains limited in spatial resolution to the micrometer scale and fails to access easily all arbitrary 3D geometries.

Specifically, developments in multiphoton technologies have made ultrafast lasers increasingly accessible to the materials science, biology, and biomaterials communities. As a result, researchers have begun to explore the use of multiphoton irradiation to facilitate nanometer- and micrometer-scale phenomena

within the photopolymerization and biological context [27]. MPL – the use of ultrafast, multiphoton lasers to execute LSL – enables the experimenter to photopolymerize materials with feature content down to the nanoscale in three dimensions with high fidelity, owing to the narrow focal region of a multiphoton laser and minimal radical generation outside of the focal spot [28]. In this chapter, we will discuss, review, and provide perspective on the use of MPL as a technique for the fabrication and modification of biomaterials and hydrogels with special emphasis on the photopolymers and techniques that can be performed in or are amenable to the biological context.

## 8.2

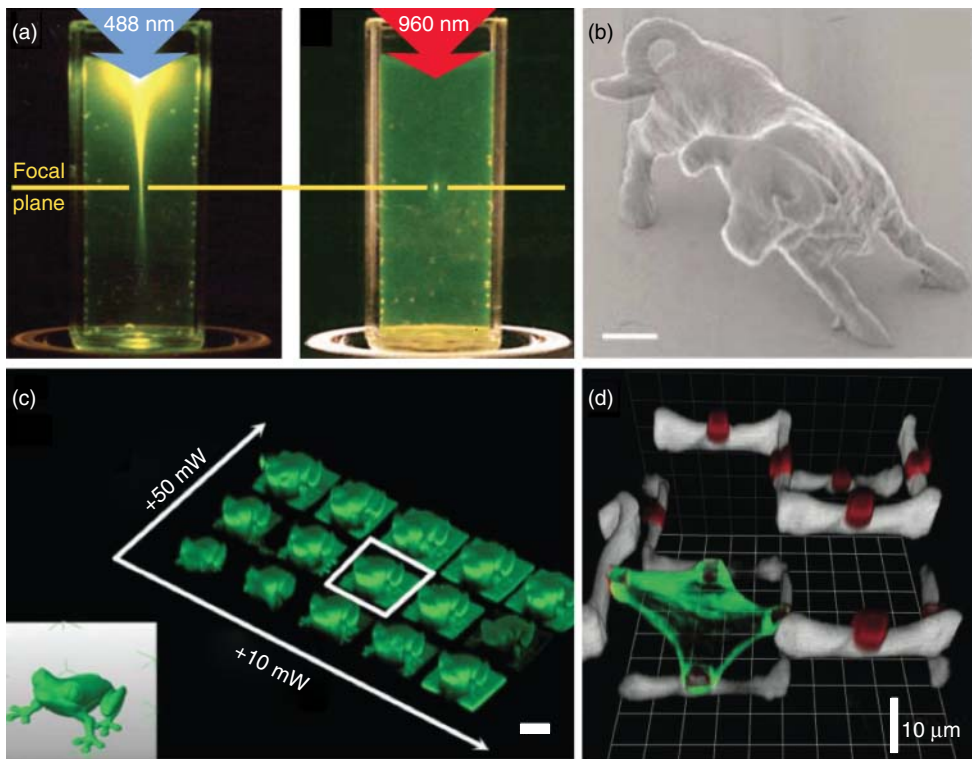
### Multiphoton Lithography (MPL) for Photopolymerization

The theory of multiphoton excitation was described initially by Maria Goeppert-Mayer in her doctorate dissertation; Goeppert-Mayer is also the recipient of the 1963 Nobel Prize for Physics for articulating the nuclear shell model of atomic nuclei [29]. The principle of multiphoton excitation, as proposed by Goeppert-Mayer, allows a photoactive molecule to enter an excited state by absorbing multiple photons of lesser energy (longer wavelength) than a single photon of greater energy (shorter wavelength) that would normally result in photoexcitation [29]. This phenomenon, now well tested and established, is traditionally achieved with two photons from the same laser possessing roughly half the energy of a single photon capable of excitation [29]. As both photons are needed to bump the molecule into the excited quantum state, they must both be absorbed within femtoseconds of each other. This is achieved most commonly with high-energy femtosecond pulsed laser sources that significantly increase the probability of absorbing multiple photons nearly simultaneously within the focal volume [30]. Owing to the nonlinear nature of the two photon process, the probability of excitation decays as a function of distance from the focal plane with quadratic dependence, which compresses the axial spread of the point spread function [30]. In practical terms, this means that nearly all of the excitation is confined to the focal plane, providing high resolution ( $<1\ \mu\text{m}$ ) in the axial or  $z$ -dimension (Figure 8.1a). Assuming reasonable optics, this translates to sub-femtoliter focal volumes. For additional reading, the concepts and physics behind multiphoton excitation are handled with sufficient rigor in Part I and Chapter 6.

Multiphoton techniques were first introduced into the biology and biomaterials communities through the development and proliferation of multiphoton microscopy (MPM) by Watt and colleagues [34, 35]. MPM is now widely available and an attractive tool for high-resolution fluorescent imaging in thick tissues as well as in live animals [30]. Beyond fluorescent imaging, multiphoton excitation is commonly employed for molecular uncaging of small molecules [36], fluorescence recovery after photobleaching (FRAP) [37], and biophysical investigations [38]. Importantly, multiphoton excitation has been incorporated directly into

traditional laser scanning microscopes (LSMs) or LSL setups to image or fabricate materials with micrometer- and nanometer-scale features.

As multiphoton systems have become increasingly accessible, they have been adopted by the materials science and polymers community for high-resolution 3D photopolymerizations [28]. MPL has successfully generated a range of complex, 3D photopolymerized structures (Figure 8.1). The same principles above apply to photopolymerization reactions: if two photons with lesser energy are absorbed by the same photoinitiator nearly simultaneously, the molecule may undergo cleavage and generate initiating radicals within the sub-femtoliter focal volume [28]. Accordingly, rapid prototyping with MPL affords the fabrication of objects with sub-micrometer feature sizes. Initial work has explored the fabrication of open



**Figure 8.1** Materials fabricated by MPL photopolymerization. (a) The nonlinear nature of multiphoton excitation results in a decreased excitation volume (960 nm) compared to single photon excitation (488 nm). (Zipfel 2003 [30]. Reproduced with permission of Nature Publishing Group.) (b) A microbull fabricated by two-photon photopolymerization. Scale bar = 2  $\mu\text{m}$ . (Kawata 2001 [31]. Reproduced

with permission of Nature Publishing Group.) (c) Hydrogel frogs patterned with MPL. Scale bar = 60  $\mu\text{m}$ . (Li 2013 [32]. Reproduced with permission of Royal Society of Chemistry.) (d) Primary chicken fibroblast interacting with composite microfabricated cell scaffold. Scale bar = 10  $\mu\text{m}$ . (Klein 2011 [33]. Reproduced with permission of Wiley.)

cellular structures as biomaterials or photonic crystals [39, 40]. In principle, the technique is amenable to any rendering accessible through traditional computer-assisted drawing (CAD) software, and this has been demonstrated through the fabrication of many complex objects, such as a bull, frogs, and composite culture scaffolds (Figure 8.1) [31–33].

The main advantage of MPL over traditional LSL is the greatly increased  $z$ -resolution afforded because the axial dispersion of the point spread function is significantly decreased compared to single-photon excitation [30]. Additionally, the use of IR or near-IR light enables increased penetration depth, as these wavelengths are minimally absorbed and scatter less in most media, including biological samples [30]. These advantages afford true 3D patterning at size scales commensurate with the focal volume of the multiphoton laser ( $<1$  fl or  $1\ \mu\text{m}^3$ ), which conveniently accesses subcellular length scales pertinent to cell and tissue biology.

While MPL improves the voxel resolution for photopolymerized biomaterials and hydrogels, practical constraints of the technology still exist. MPL remains limited in total thickness without using advanced stages and by the throughput of fabrication, which remains low for high-feature-content, millimeter-sized objects. Additionally, the available photoinitiator toolbox, those photoinitiators that are amenable to multiphoton excitation, should be improved. Advances in computational quantum chemistry are beginning to elucidate novel photoinitiators that are susceptible to multiphoton excitation and cleavage to generate initiating radicals [41]. Excitingly, water-soluble initiators with favorable two-photon cross sections are under development for biological applications [32].

### 8.3

#### MPL Equipment for Biomaterial Fabrication

A complete discussion of the equipment and techniques for MPL can be found in Part II. For the polymer or biomaterial scientist, the user will likely employ either commercial LSMs or home-built setups. In fact, the main limitations are the requirement for a multiphoton laser source (e.g., a femtosecond pulsed Ti:sapphire laser), a suitable light path with focusing optics, a high-fidelity  $xyz$  stage, and software to raster the laser focal volume through the sample, or vice versa. All of these requirements are met with commercial MPMs (e.g., Zeiss 710 NLO, Nikon A1R MP+, Olympus Fluoview FVMPE series) designed primarily for imaging biological samples. Such systems are adapted for writing instead of reading by rastering the focal volume through a precursor solution within defined regions of interest (ROIs) that define the shape to be polymerized. Advances in CAD-supported ROI software are facilitating easy translation of arbitrary structures into 3D photopolymerized materials using commercial microscopes. Additionally, to achieve high-resolution patterning with high fidelity, MPL equipment requires an automated [42] stage with independent  $x$ -,  $y$ -, and  $z$ -dimension resolution at the sub-micrometer scale.



## 8.4

## Chemistry for MPL Photopolymerizations

The major requirements for photopolymerizations are a precursor solution containing a photoinitiator and functional monomer or macromers as well as a light source for initiation. In this section, the focus will be on the chemistries and mechanisms for photopolymerization of biomaterials and hydrogels via MPL.

## 8.4.1

## Photopolymerization

Photopolymerizations comprise a particularly attractive mechanism for the fabrication of biomaterials via MPL, as they rapidly convert a liquid precursor solution into a solid material only within the regions of irradiation. This allows easy removal of the unwanted material and recovery of the desired microstructured biomaterial. The initial step in a radical-mediated photopolymerization reaction is photoinitiation. Photoinitiation occurs when a photoinitiator molecule (PI) absorbs a photon of light – or in the case of MPL multiple photons nearly simultaneously – and enters an excited state. The excited-state photoinitiator (PI\*) is capable of following one of two pathways: (i) dissociate directly into one or multiple primary radicals (Type I PI), or (ii) undergo a bimolecular reaction wherein the excited PI reacts with a second molecule to generate free radicals (Type II PI) [43]. The rate of initiation,  $R_i$ , for a Type I PI undergoing two photon photoinitiation from a typical pulsed laser is given by [44, 45]

$$R_i = 2 \cdot 1.17 \delta_u \Phi_u \frac{T}{\tau_p} \left( \frac{\lambda}{\pi h c w_{xy}^2} \right)^2 P_{\text{avg}}^2 \text{VF}[\text{PI}] \quad (8.1)$$

where  $\delta_u \Phi_u$  is the two-photon cross section (generally a function of  $\lambda$ ),  $T$  is the period of the laser pulses,  $\tau_p$  is the duration of the laser pulses,  $\lambda$  is the wavelength of the laser light,  $h$  is Planck's constant,  $c$  is the speed of light,  $w_{xy}$  is the lateral focal radius of the laser,  $P_{\text{avg}}$  is the average laser power, VF is a volume factor (taken as 0.63 for an axial cylinder), and [PI] is the local concentration of the photoinitiator. The prefactor of 2 assumes that two radicals are generated for each dissociated photoinitiator molecule. Similar rate expressions can be derived for other multiphoton initiation processes. Most single-photon photopolymerizations are hindered by light attenuation, which creates a spatial gradient in light intensity, as well as out-of-plane initiation. Owing to the limited scattering and absorption of IR light in most media, the light intensity or average power is assumed uniform over the spatial domain of the polymerization. Quantifying the rate of initiation is critical, as the rate of initiation affects the rate of polymerization and, thus, the final material properties. As shown in Eq. (8.1), the rate of initiation can be controlled by tailoring the PI concentration, selecting a PI with a favorable two-photon cross section, tuning the wavelength of light, or adjusting the laser power. As opposed to single-photon initiation, the rate of two-photon initiation varies quadratically with the input laser power.

Once radicals are generated within the precursor solution, they begin to propagate through the functional groups of the monomers or macromers, assuming the radicals do not immediately recombine within the solvent cage. In principle, polymerization reactions proceed through a chain or step-growth mechanism [43]. In a classic, radical-initiated, step-growth (or condensation) polymerization, a radical activates a functional group (such as a thiol) on one of the surrounding monomers, which then adds to another functional group (such as a vinyl) on a second monomer while the radical transfers to another functional group in solution. In this manner, dimers are formed. Dimers can then react with monomers or other dimers to form trimers or tetramers, which sequentially build up in mass in a stepwise manner. In contrast, a classic, chain-growth (or addition) radical-initiated polymerization proceeds when a radical activates a functional group (such as a (meth)acrylate) on one of the surrounding monomers, which then activates and adds to another monomer in solution. This proceeds iteratively through monomer addition to form long chains of monomers from each initiation event. In either case, polymerization results in high molecular weight species that form an entangled polymeric solid or, when multifunctional monomers/macromers are in solution, a crosslinked polymer network. During this process, radicals can also terminate as opposed to initiate or propagate the reaction, which decreases the concentration of radicals in solution and affects the kinetic rate of polymerization. Termination can occur through several mechanisms, including bimolecular combination between two active chain ends or an active chain end and an initiating radical; disproportionation, in which a hydrogen atom is abstracted from one active chain by another; interaction with inhibitors such as oxygen; and chain transfer to nonpropagating species [43]. The kinetic rate of polymerization,  $R_p$ , for chain growth polymerizations accounts for both propagation and termination as follows [43]:

$$R_p = k_p[M] \left( \frac{R_i}{2k_t} \right)^{1/2} \quad (8.2)$$

where  $k_p$  is the rate constant for propagation,  $[M]$  is the macromer functional group concentration, and  $k_t$  is the rate constant for termination. This chapter is focused on the formation of crosslinked networks and hydrogels. In these systems,  $k_p$  and  $k_t$  vary as a function of macromer conversion or polymerization time on account of the changes in the diffusion constants of the reacting species caused by the reaction of the precursor solution [46]. At early macromer conversion, the viscosity of the precursor solution increases, limiting the radical diffusion rate and, thus, the rate constant for termination  $k_t$ . The viscosity-mediated decrease in  $k_t$  leads to an increase in the rate of polymerization termed *autoacceleration*. As the macromer conversion increases and a crosslinked network begins to form, the macromer functional groups also become diffusion-limited, causing a decrease in  $k_p$  and the an overall decrease in  $R_p$ . This phenomenon is referred to as *autodeceleration* and, combined with a consumption of functional groups, leads to a cessation of the polymerization.



The kinetics of photopolymerization reactions are more completely described elsewhere with extra considerations for polymer networks and hydrogels [6, 17, 47, 48]. In general, by accounting for multiphoton photoinitiation kinetics, these same principles can be applied to MPL photopolymerizations. Understanding the kinetics of the photopolymerization is critical in the fabrication of networks and hydrogels to be used as biomaterials, as the extent of reaction affects the final material properties and biological function. For instance, in hydrogels, the crosslinking density influences not only the mechanical properties of the gel but also the water swelling ratio, the transport of nutrients and waste, as well as the degradation kinetics [49].

#### 8.4.2

##### Photoinitiator Selection

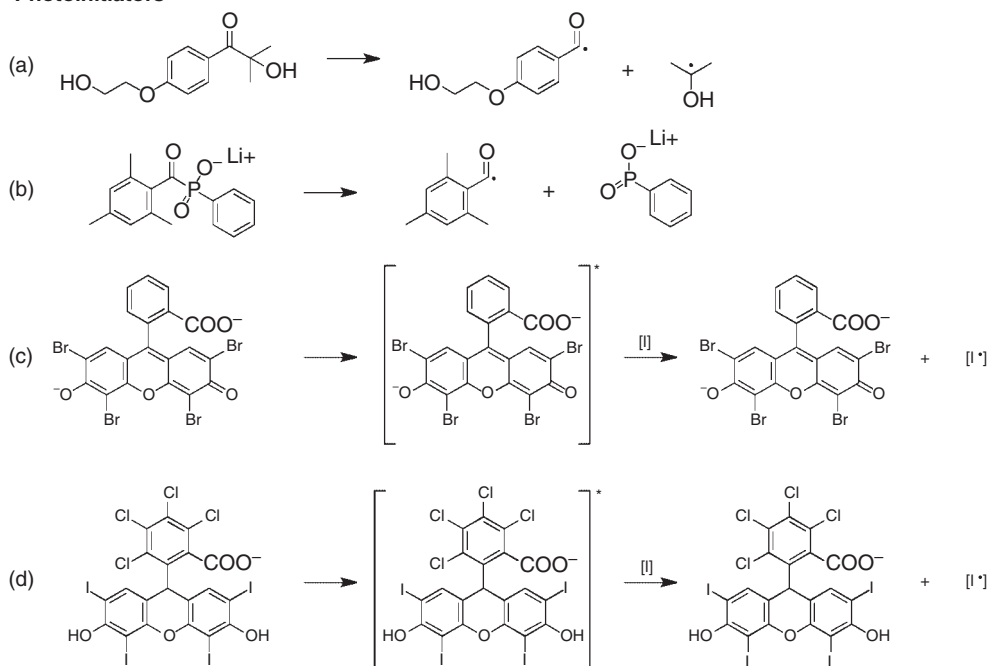
PIs are organic compounds capable of converting absorbed light into active chemical species that can initiate polymerization [50]. Depending on the chemical makeup of the parent PI, the active species can be cationic, anionic, or radical in nature, thereby enabling all types of chain-growth and step-growth polymerizations to be controlled with light. As both cationic and anionic polymerization methods are highly moisture-sensitive, polymerizations within a biological context are performed nearly exclusively by free-radical methodologies. Radical PI systems can contain one or more components. Type I initiators operate independently and are typically based on the heterolytic cleavage of aromatic ketones or disilanes. Type II PIs do not themselves cleave, but instead work in conjunction with a co-initiating species (usually non-photoactive) to induce polymerization, often through hydrogen abstraction. As greater energy is associated with bond photolysis than molecular excitation, type I PIs are largely confined to UV light sources ( $\lambda < 400$  nm), while type II PIs can be initiated with light extending well into the visible range ( $\lambda < 600$  nm).

A complete description of photoinitiators amenable to MPL is presented in Chapter 6. In general, this class of photoinitiators – those that can be activated by multiphoton excitation – can be applied to fabricate biomaterials; however, certain constraints apply. In all biomaterials, the constituent components as well as the associated degradation products or leachants must be minimally biocompatible. In this context, this means that cells, tissue, and organisms must tolerate the photoinitiators and their cleavage products post fabrication. Additional constraints apply for hydrogels, particularly those employed for cell encapsulation. Radical polymerization must operate under stringent physiological conditions if the interest is in performing the polymerization in the presence of live cells: body temperature (37 °C), pH (7.4), oxygen content (5%), and buffering salts must all be accommodated. Additionally, biological conditions further necessitate an aqueous environment, dramatically limiting the selection of available PIs. As most PIs absorb light through the presence of conjugated aromatic moieties, the significant hydrophobicity of these same functionalities leads to poor water solubility. If a candidate PI is able to meet these restrictive conditions, the small molecule

need also be non-cytotoxic at the concentrations used to initiate photopolymerization, as well as in the range of light in which they operate. Typically, light with  $\lambda \geq 365$  nm is considered appropriate for use in biological systems [51]. These wavelengths usually have enough energy to initiate polymerization, but not so much as to denature proteins and damage cellular DNA (known to occur rapidly at  $\lambda = 254$  nm) [52, 53].

Despite the restrictive requirements posed in performing photopolymerization in the presence of live cells, several key PIs have been identified as invaluable for such tasks (Figure 8.2). Irgacure<sup>®</sup> 2959 [2-hydroxy-1-(4-(2-hydroxyethoxy)phenyl)-2-methylpropan-1-one] has perhaps the most widespread use, and decomposes under UV light ( $\lambda = 365$  nm) to form both an acetone ketyl and a substituted benzoyl radical (Figure 8.2a) [51]. Though these active radicals initiate chain polymerization rapidly in aqueous systems, the parent PI suffers from poor water solubility ( $\sim 1$  wt%,  $\sim 50$  mM). This, coupled with relatively low activity at cytocompatible wavelengths of light, dramatically limits the initiation rates [54]. More recently, lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP) has been rediscovered as a water-soluble ( $\sim 8.5$  wt%,  $\sim 300$  mM) type I PI that exhibits high molar absorptivity in the range  $300 < \lambda < 400$  nm (Figure 8.2b) [55, 56]. Upon exposure to UV light, LAP dissociates into a 2,4,6-trimethylbenzoyl

### Photoinitiators



**Figure 8.2** A selection of type I and type II photoinitiators amenable to MPL that have been employed in the presence of live cells. (a) Irgacure 2959. (b) Lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP). (c) Eosin Y. (d) Rose Bengal.

and a phosphonyl radical, both of which can initiate polymerization efficiently in cellular systems. Though the LAP PI is not commercially available, its two-step synthesis is straightforward and nearly quantitative [56].

Several type II PIs have also been utilized for photopolymerization in the presence of cells. These most commonly used include rose Bengal, eosin Y (Figure 8.2c,d), and camphorquinone [57]. When exposed to light, these compounds get excited to a triplet state, which reacts with a hydrogen-donating co-initiator (e.g., an amine or thiol containing molecule) to produce an initiating free radical. Despite their wide usage, as well as their unique ability to perform effectively in the visible range, the photokinetics of type II systems are less understood than their type I counterparts [58].

### 8.4.3

#### Photopolymer Chemistries

##### 8.4.3.1 Macromer Chemistries

The photopolymerization precursor solution also requires the selection of appropriate macromer chemistries for material fabrication. The macromer selection can be approached in two stages: (i) deciding on a backbone chemistry, and (ii) choosing a linking chemistry for network formation. Fortunately, single-photon photopolymerization of biomaterials and hydrogels has been employed extensively over the last few decades and has identified a broad range of backbone and linking chemistries for the formation of biocompatible polymer networks and hydrogels. In principle, the same toolbox can be adapted to MPL fabrication given that the photoinitiator and light source chosen provide a sufficient source of radicals to drive polymerization. This section serves to introduce a subset of the available toolboxes even though the specific chemistries have not yet been explicitly utilized with MPL. A brief overview of MPL biomaterials is presented in Section 8.5.

Typical non-hydrogel photopolymerized biomaterials employ a polymeric resin-like precursor solution that is composed of functional monomers, oligomers, or macromers and a suitable photoinitiator that can be polymerized rapidly into a solid. Common resins that have been applied to fabricate photopolymerized biomaterials include (meth)acrylates, epoxides, urethanes, styrenes, *n*-vinylpyrrolidone, and other vinylic small molecules [57]. In these systems, polymerization induces the formation of high molecular weight, insoluble, and entangled polymers that comprise a solid material. In parallel, functional oligomers or macromers are also used to make biomaterial based on non-hydrophilic backbone polymers. Such hydrophobic backbone chemistries include esters [59], carbamates [60], and carbonates [61] that are end-functionalized with polymerizable moieties such as vinyl groups or complementary thiol and ene functionalities [62]. Included in this class of materials are the biophotopolymers that have been used to fabricate microstructured biomaterials using MPL [63].

For the fabrication of hydrogels, the main constraint is that the backbone chemistry be hydrophilic. Decades of research on the use of hydrogels as biomaterials have provided a wealth of information on backbone chemistries

for this application, all of which equally applies to MPL hydrogels [64]. In general, hydrophilic polymers can be segregated into two main classes: synthetic polymers and natural polymers. Synthetic polymers for hydrogel synthesis include poly(ethylene glycol) (PEG), poly(vinyl alcohol) (PVA), poly(acrylic acid) (PAA), and poly(2-hydroxyethylmethacrylate) (HEMA) [65]. Of these, PEG or poly(ethylene oxide) (PEO) have found prolific use on account of their non-fouling behavior and ability to mimic the elasticity and transport of native tissue. Natural polymers for hydrogel fabrication include alginate, collagen/gelatin, hyaluronic acid, fibrin, chondroitin sulfate, and cellulose derivatives [66]. In either case, synthetic or natural, the polymers can be functionalized with a variety of polymerizable moieties (such as (meth)acrylates, (meth)acrylamides, or thiol-ene pairs) to render the backbone polymers amenable to photopolymerization. Once crosslinked via photopolymerization, the insoluble polymer network imbibes water and swells, resulting in a functional hydrogel [66].

In each material class – resins, networks, or hydrogels – the backbone chemistry often defines the bulk chemical properties of the material, which influence protein fouling, biocompatibility, cell adhesion, degradation, and mechanical integrity [12]. The linking chemistry defines the kinetics of formation, the microarchitecture, and crosslinking density [49]. Given the large toolbox, the orthogonal selection of backbone chemistry and linking chemistry spans a large parameter space of material properties. Additional information on the specific linking chemistries amenable to photopolymerization is provided in the following section.

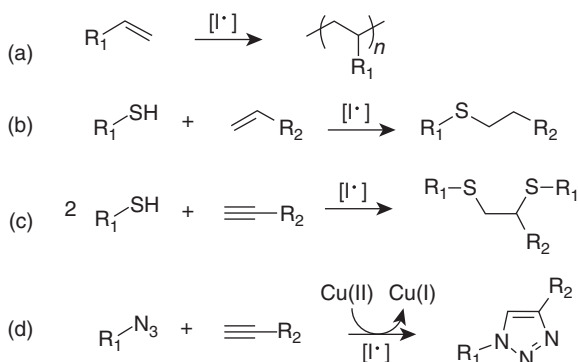
#### 8.4.3.2 Photochemical Polymerization and Degradation

Hundreds of photo-mediated reactions have been utilized for both the formation and degradation of polymers. In this section, we seek to highlight the diverse subset of these chemistries that have been performed within a biological context. Additive photoreactions are classified according to their utilization of PIs, photocaged reactive groups, or nonspecific radicals. Strategies that employ photolabile linkers to achieve subtractive degradation, as well as those offering reversible photofunctionalization, are also described. All discussed reactions are illustrated in Figures 8.3–8.7.

**Initiator-Mediated Photopolymerization** To date, the majority of photopolymerization reactions are initiator-mediated. As PI identity can be selected independently from that of the reactive species, reactions utilizing PIs offer increased tunability over initiation wavelengths, solvent composition, and reaction kinetics. Some common PI-mediated polymerization mechanisms that have been performed for biomaterial synthesis include vinyl chain polymerization, thiol-ene and thiol-yne reactions, and the photo-inducible copper-catalyzed azide-alkyne cycloaddition (pCuAAC) (shown in Figure 8.3).

##### *Vinyl chain polymerization*

Perhaps the most common photopolymerization reaction, namely radical chain polymerization of vinyl monomers (i.e., those that contain

**Photoinitiator-mediated**

**Figure 8.3** Photoinitiator-mediated polymerization reactions used for biomaterial synthesis and modification include (a) vinyl chain polymerization, (b) thiol–ene, (c) thiol–yne reactions, and (d) the photoinducible copper-catalyzed azide–alkyne cycloaddition.

carbon–carbon double bonds), occurs through a series of initiation, propagation, and termination steps [43]. During initiation, free-radical-containing initiator fragments attack the pair of  $\pi$  electrons on the vinyl monomer. This forms a bond between the initiator species and the monomer while simultaneously generating a new free radical at the chain end. The free radical on the growing polymer chains then reacts in a similar manner with additional monomer, iteratively increasing polymer length by one repeat unit during repeating steps of propagation. Polymer growth can be halted through a variety of different termination events, each of which destroys the active radical species. In a biological context, these can include reactions with oxygen, cellular proteins, DNA, and polysaccharides, making polymerizations in the presence of living cells more challenging [67]. Monomers are most typically substituted acrylates and methacrylates, where changes in substituent structure give rise to materials with different properties (e.g., temperature responsiveness, water content, compliance). These systems have been used extensively for the formation and modification of biomaterials and hydrogels [7, 26, 68].

**Thiol–ene photoaddition**

In this step-growth polymerization reaction between thiols and alkenes [62, 69], an active photoinitiator first abstracts a thiolic hydrogen to form a thiyl radical. The thiyl then propagates across the ene functional group to form a carbon-centered radical, which then abstracts a hydrogen from another thiol. Alternating steps of propagation and chain transfer give rise to a 1 : 1 addition of thiol- and ene-containing monomers, provided that the ene functionality exhibits no homopolymerization. Thiol–ene reactions proceed most quickly for electron-rich (e.g., vinyl ethers) or strained (e.g., norbornene) monomers. Notably, thiol–ene polymerizations work well with type II initiators, as the monomeric thiol can also serve as the

hydrogen-donating co-initiator [70]. The reaction has been exploited for the formation of biomaterials derived from synthetic [71, 72] and natural polymers [73, 74], the formation of cyclic peptides [75], as well as in the biochemical decoration of ene-containing hydrogel networks [70, 76–78].

#### ***Thiol–yne photoaddition***

Similar to the thiol–ene reaction, the thiol–yne reaction proceeds through the addition of an initiator-generated thiyl radical to an alkene [79]. The resulting carbon-centered radical abstracts a hydrogen from an additional thiol, thereby generating a vinyl sulfide intermediate and regenerating the sulfanyl radical. The monosubstituted vinyl sulfide can undergo further reaction with an additional thiyl radical via a thiol–ene reaction. The net result is the double addition of two thiols to a single alkyne to generate a dithioether. The uniqueness of this double reaction allows the facile creation of dendrimers [80, 81], the rapid generation of multivalent peptides [75], and crosslinked hydrogel materials to be formed from monomers containing just a single yne group [82, 83].

#### ***Photo-inducible copper-catalyzed azide–alkyne cycloaddition (pCuAAC)***

The azide–alkyne Huisgen cycloaddition represents a 1,3-dipolar cycloaddition between an azide and a terminal or internal alkyne to give a triazole linkage. Though this reaction can be performed in the absence of a catalyst at high temperatures, pressures, or through the utilization of strained alkynes, the reaction kinetics can be increased dramatically through catalysis with Cu(I) (by a factor of  $\sim 10^7$ ) [84–86]. In recent work by the Bowman group, photogenerated initiator fragments were shown to reduce Cu(II) to Cu(I) transiently, thereby providing photochemical control over the copper-catalyzed azide–alkyne cycloaddition (CuAAC) [87, 88]. This reaction has been utilized for photopolymerization/functionalization of hydrogel materials.

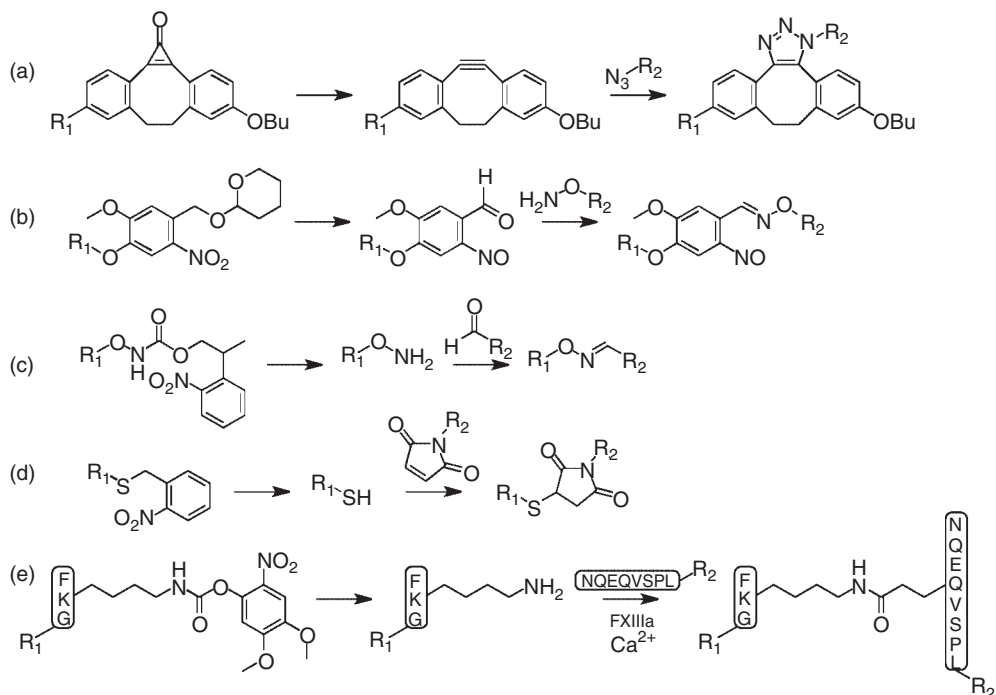
**Photocage-Mediated Photoconjugation** Photocages function as molecular gatekeepers for the regulation of chemical reactions. When intact, these compounds serve to block the reactivity of two species through physical masking. Upon photolysis, the reactive functional group is liberated, thereby permitting species reaction and photoconjugation to occur. To date, photocage-based regulation of the strain-promoted azide–alkyne cycloaddition (SPAAC), oxime ligation, Michael-type addition, and enzymatic crosslinking have proven the most promising for biological studies, and they are shown in Figure 8.4.

#### ***Strain-promoted azide–alkyne cycloaddition (SPAAC)***

A strain-promoted reaction between cyclooctynes and azides has been established by the Bertozzi group as an effective means to perform traditional Huisgen cycloadditions rapidly without the need for a cytotoxic copper catalyst [89, 90]. The phototriggerability of the reaction has been demonstrated by the Popik group, who masked the triple bond of a dibenzocyclooctyne as cyclopropanone [91]. Upon exposure to UV light



## Photocaged strategies



**Figure 8.4** Photocaged regulation of (a) strain-promoted azide–alkyne cycloaddition, (b,c) oxime ligation, (d) Michael-type addition, and (e) factor XIII enzymatic crosslinking have proven the most promising conjugation reactions for synthesis and modification of biopolymer systems.

( $\lambda = 350$  nm), cyclopropanone undergoes a photochemical decarbonylation to yield quantitatively the strained alkyne, which is then able to react with azides. This reaction has been utilized for the photochemical labeling of cellular glycoproteins and surfaces [92–94].

**Oxime ligation**

The condensation reaction of alkoxyamines with aldehydes or ketones yields oxime linkages that are both formed and stable under physiological conditions. Photocontrol over oxime ligation has been independently effected through strategies that cage each of the two reactive species. Barner-Kowollik and coworkers demonstrated that the photocleavage ( $\lambda = 365$  nm) of *o*-nitrobenzyl derivatives, which typically leads to the generation of a nitrosobenzaldehyde, can be exploited to give spatiotemporal control over aldehyde formation [95]. The photogenerated aldehydes then react with hydroxylamines to form oxime linkages. This reaction sequence has been utilized to pattern fluorescent peptides onto reactive surfaces. In an alternative strategy developed by Dumy, the alkoxyamine has been photocaged with a 2-(2-nitrophenyl)propyloxycarbonyl (NPPOC)

group [96]. Under brief irradiation with UV light ( $\lambda = 365$  nm), NPPOC undergoes irreversible cleavage to yield  $\text{CO}_2$ , a styrene byproduct, and the reactive alkoxyamine. This reaction has been exploited for the conjugation of small molecules and peptides to glass surfaces [96–98].

#### ***Michael-type addition***

The Michael-type addition of nucleophiles to electron-deficient alkenes represents one of the most common reactions in organic chemistry. Though a variety of nucleophilic Michael donors/acceptors exist, thiol–maleimide and amine–acrylate represent important variants, both of which have been controlled with light. The Shoichet group has demonstrated that thiols can be masked with both 2-nitrobenzyl- and coumarin-based photocages, and will subsequently react with maleimides upon irradiation [99–101]. Moreover, the Bowman group has demonstrated that NPPOC can serve as a photolabile protecting group for primary amines, which enables thiol–Michael additions with acrylates to be phototriggered [102]. These chemistries have been used to form hydrogel biomaterials [103] as well as to guide 3D cell function through immobilized biomolecules [99, 101].

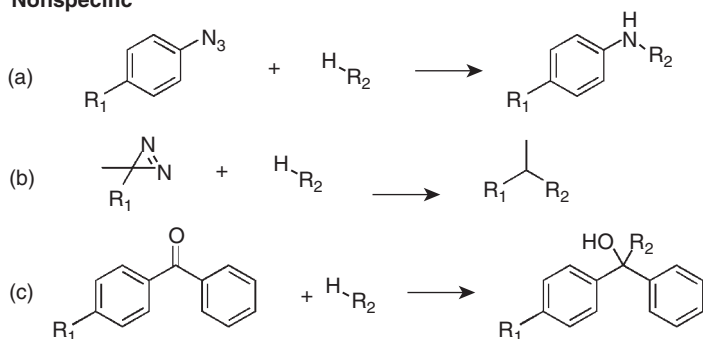
#### ***Light-activated enzymatic crosslinking reaction***

A strategy for light-activated enzymatic crosslinking utilizing factor XIII (FXIIIa) has been recently introduced by both the Lutolf and Segura groups [104, 105]. FXIIIa represents a transglutaminase enzyme that catalyzes covalent amide bond formation between the  $\epsilon$ -amino group on a lysine (K) and the  $\gamma$ -carboxamide residue of glutamine (Q) of FKG and NQEQVSPL peptides. When the critical lysine residue is caged with an *o*-nitrobenzyl functional group, FXIIIa is unable to crosslink the two independent peptides. After cage photolysis, however, the two peptides are rapidly joined through FXIIIa-mediated chemoenzymatic ligation. These approaches have been utilized to pattern short peptides and synthetic proteins into hydrogels and used to guide cellular growth within a material.

**Nonspecific Photoconjugation** Several photoreactive groups have been developed that couple nonspecifically with target molecules upon activation with UV light exposure. The indiscriminant nature by which these moieties couple to local molecules enables rapid addition as well as covalent linkage between biomacromolecules that are in close proximity in 3D space. Aryl azides, diazirines, and benzophenones represent the most common functionalities for nonspecific photoconjugation and are highlighted in Figure 8.5.

#### ***Aryl azides***

Perhaps the most popular of the nonspecific photoconjugation reactions, aryl azides form short-lived nitrenes upon exposure to UV light ( $250 < \lambda < 350$  nm) [106]. These intermediate nitrenes can either insert nonspecifically into carbon–hydrogen bonds, or rearrange to form ring-expanded dehydroazepines prior to addition reaction with nucleophiles or carbon–hydrogen bonds. Photocrosslinking of aryl azides has

**Nonspecific**

**Figure 8.5** A variety of nonspecific chemical conjugation reactions have been utilized for photo-mediated biomaterial synthesis including those involving (a) aryl azides, (b) diazirines, and (c) benzophenones.

been extremely beneficial in capturing and probing protein interactions [107, 108], patterning cell-adhesive proteins to surfaces [109], and identifying peptide–receptor binding domains [110].

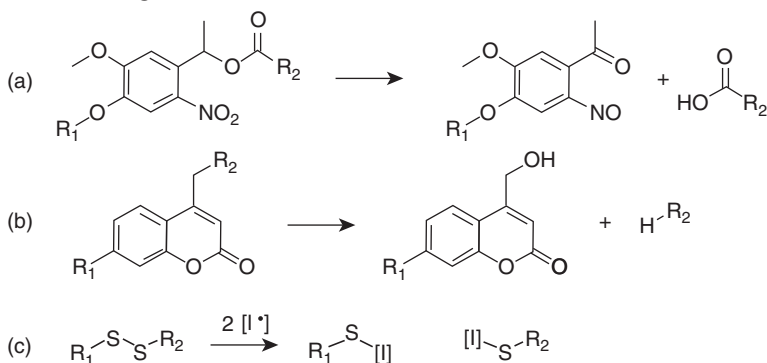
**Diazirine**

In the presence of UV light ( $330 < \lambda < 370$  nm), diazirine compounds undergo photolysis to form a highly reactive carbene intermediate while simultaneously giving off nitrogen gas [111]. The resulting carbene yields efficient insertion into hydrogen–carbon and hydrogen–nitrogen bonds, as well as with unsaturated bonds within target molecules. These molecules have been useful in studying the effects of protein interactions in cells [112, 113], crosslinking protein-based hydrogels [114], and identifying targets of membrane receptors [115, 116].

**Benzophenone**

When exposed to UV light, benzophenone photolysis yields a highly reactive triplet-state ketone intermediate [117]. The energized electron of this activated benzophenone can insert into hydrogen–carbon bonds within the target molecules. Interestingly, the activated intermediate relaxes to yield the original benzophenone moiety when no covalent linkage is formed. The resulting potential for multiple activation gives rise to higher overall yields of photocrosslinking than with phenyl azide and diazirine crosslinkers. Though benzophenone as a photoaffinity tag permeates much of biochemistry [118], the molecule has also been used to attach peptides and polymer films to solid surfaces [119–121].

**Light-Mediated Degradation** Though the majority of photochemical reactions result in the formation of covalent bonds, there is growing interest in photoactive linkers that undergo cleavage in response to photonic irradiation. When incorporated into the backbone of polymeric species, these moieties provide a tunable handle for network depolymerization. Here, we highlight (Figure 8.6)

**Photocleavage**

**Figure 8.6** Photolabile linkages including (a) *o*-nitrobenzyl esters, (b) coumarins, and (c) disulfide-containing compounds can be photochemically cleaved under physiological conditions using MPL, enabling on-demand biopolymer depolymerization.

*o*-nitrobenzyl esters, coumarins, and disulfide-containing compounds as photocleavable species that can be controlled in a biological context.

***o*-Nitrobenzyl esters**

As one of the most heavily utilized photocleavable linkers, the use of *o*-nitrobenzyl esters for light-based molecular cleavage extends back to the 1970s [122]. Upon photoexcitation, the nitrobenzyl group forms an *aci*-nitro intermediate through either a singlet or triplet excited state. This intermediate further decays to generate both a nitroso and an acid/amide byproduct (depending on parent substitution) [123]. Cleavage rates and photoactive wavelengths ( $250 < \lambda < 400$  nm) can be tuned by varying molecular substituents [124–126]. These reactions have been used for the uncaging of proteins [127, 128], controlling cell adhesions [129, 130], photodegrading polymers and biomaterials [70, 131–134], and probing the effects of physical material cues on cell function [135–137].

**Coumarin methylester**

When irradiated with UV light ( $350 < \lambda < 450$  nm), coumarin methylesters undergo heterolytic ester photosolvolysis, leading to the corresponding coumarin methanol and a carboxylic acid [138–140]. Though some coumarins are known to exhibit reversible homodimerization upon exposure to light [141], the methylester variants preferentially undergo photocleavage when irradiated. Coumarins methylesters have been used in the synthesis of caged fluorophores for biological imaging [123], material degradation [142, 143], and drug delivery [144].

**Disulfide displacement reactions**

Disulfide linkages, formed through the oxidation of thiols, have been demonstrated to be susceptible to radical cleavage by carbon- and phosphorus-center radicals [145, 146]. As such, disulfide linkages can be

selectively displaced with radical species, including initiator fragments generated from exposure of PIs to light. Anseth *et al.* demonstrated that polymer-based hydrogels crosslinked with disulfide linkages could undergo complete and rapid photodegradation when exposed to sufficient amount of initiator radicals [147].

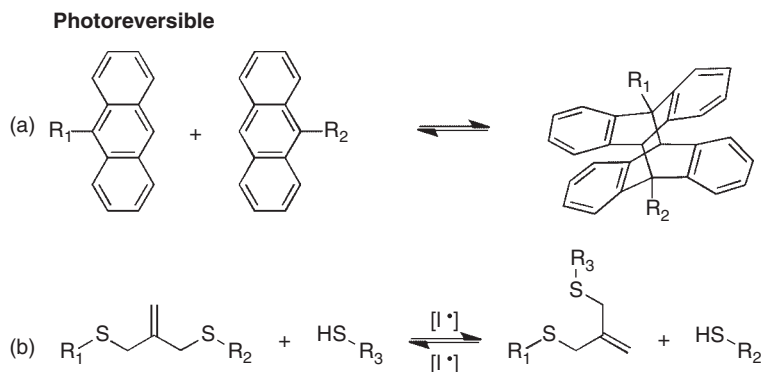
**Reversible Photoconjugation** Though the majority of the utilized chemistries have focused on either photomediated bond formation or cleavage, great interest lies in the development of photochemical processes that can be controlled in a fully reversible manner. Two of the most promising systems to date that can be used in a biological context include the reversible dimerization of anthracene and the allyl sulfide addition–fragmentation chain-transfer reaction. Both examples are shown in Figure 8.7.

#### **Anthracene dimerization**

Anthracene is capable of absorbing light over a broad spectrum ( $250 < \lambda < 400$  nm), most frequently yielding a fluorescence emission ( $390 < \lambda < 450$  nm). However, when anthracene is exposed to UV light ( $\lambda = 360$  nm), a dimerization reaction can also occur [148, 149]. Interestingly, this reaction can be partially reversed when the dimers are illuminated with higher intensity light ( $260 < \lambda < 280$  nm) [150]. These sequential reactions have been used for photocontrolled drug delivery [151], biomaterial formation and degradation [152, 153], and nanoparticle manipulation [154].

#### **Allyl sulfide addition–fragmentation chain transfer**

Allyl sulfides, typically employed as the transfer agent in reversible addition–fragmentation chain transfer (RAFT) polymerizations [155],



**Figure 8.7** Reversible photochemistries open up the door to dynamic spatiotemporal control over biopolymer addition and degradation, as well as material formation and functionalization. The most promising

examples to date include (a) the reversible dimerization of anthracene, and (b) the allyl sulfide addition–fragmentation chain transfer reaction.

can undergo reversible exchange with thiol-containing molecules [156, 157]. Here, a thiyl radical attacks the carbon–carbon  $\pi$  bond of the allyl sulfide, resulting in an unstable trifunctional intermediate. The instability of this intermediate leads to a  $\beta$ -cleavage, which results in the addition of the initial attacking species while regenerating a new double bond. As the regenerated double bond is susceptible to attack by other thiyl radicals, the linkage is said to be “living.” Initial thiyl radicals are readily generated using PIs in the presence of light. Photoinitiated RAFT has been used extensively for the synthesis of biopolymers [158], to induce plasticity in crosslinked networks [159], to create self-healing materials [160], and to reversibly decorate hydrogel networks with synthetic peptides [161].

## 8.5

### Biomaterial Fabrication

Initial work with MPL photopolymerization focused on the development on non-biological materials [162]. Polymerizable resins (or negative-tone photoresists) have been employed in MPL material fabrication, often starting as viscous liquids or amorphous solids. These systems can be easily transformed into complex structures such as interconnected microchannels [163], interlocking chains [164], or renditions of the Venus de Milo [165]. The field of photonics was an early adopter of the MPL paradigm for application-based materials. MPL polymerization has been employed to generate functional waveguides [166], interferometers [167], microlenses [168], and microlasers [169]. Based on the ability to generate features on the sub-micrometer scale, the community has adapted these approaches to generate photonic crystals with stop bands in the visible range. In other approaches, MPL polymerization has been exploited to generate active mechanical devices including springs, cantilevers, and nanorotors [162]. Based on the successful implementation of these techniques, researchers began exploring the use of polymer precursors for the fabrication of structured materials for biological applications.

Cells reside in the body within a complex, dynamic, and highly structured ECM, which choreographs cell fate through bidirectional cell–ECM interactions. Many spatiotemporal signals are integrated by the cell to inform output cellular functions including adhesion, proliferation, differentiation, migration, and tissue morphogenesis [170]. The specific mechanisms through which the ECM directs cell function is still not fully understood. Biomaterial strategies provide attractive platforms to dissect complex and dynamic cell–ECM communication as well as to engineer scaffolds to leverage these cues for regenerative medicine applications [15, 171]. Within this paradigm, photopolymerization reactions via MPL enable precise recapitulation of ECM properties (e.g., biophysical and biochemical signals) in 3D biomaterials with nanometer and micrometer resolution. When exploiting MPL to generate photopolymerized biomaterials, it is important to consider the essential functions and design constraints that apply to materials



for cell culture applications. Minimally, the material should support cell colonization, migration, growth, and differentiation, as well as provide appropriate biophysical and biochemical cues for the specific cell type of interest [172]. In general, two classes of MPL photopolymerized materials have been introduced as biomaterials: biocompatible networks into which cells are introduced post fabrication and hydrogels into which cells can be directly encapsulated.

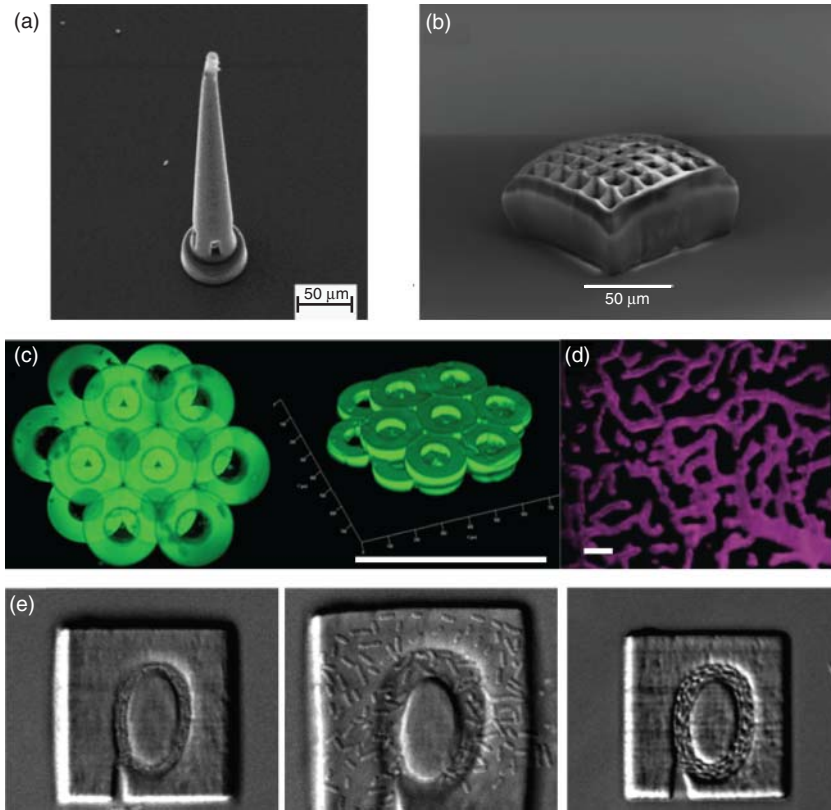
MPL polymerization affords the generation of highly ordered structures in three dimensions that are biocompatible, degradable, and easily fabricated – all important features for biological implementation. These techniques have been adapted to generate cytocompatible microneedles, biodegradable scaffolds, and ossicular replacement prostheses (Figure 8.8) [173, 174, 177]. To better recapitulate the context of the *in vivo* milieu, MPL has been extended to the fabrication of hydrated polymer networks in the form of hydrogels for cell culture applications [172]. Hydrogels are structurally similar to the native ECM and present an attractive class of materials for tissue engineering and regenerative medicine applications [171]. Specific examples include woodpile lattices, microfabricated porous structures, and vascular trees (Figure 8.8) [42, 175, 178, 179]. Additional work has focused on the manipulation of native proteins for biomedical applications (Figure 8.8) [176, 180–182].

## 8.6

### Biomaterial Modulation

In addition to the synthesis of new biopolymers and biomaterials, photochemical reactions have been utilized to *modify* existing platforms at user-specified points in time and space. Through appropriately developed chemistries, both the physical and chemical material makeup can be altered on demand and with resolution below that of a single mammalian cell. Such high spatiotemporal control over biomaterial composition is critical in capturing the dynamic heterogeneity found in native tissue [15].

Spatiotemporally defined biochemical modulation of existing materials has been performed through both additive or subtractive light-based strategies. In perhaps the most common addition-based chemistry, radical chain polymerization of acrylate-functionalized peptides or proteins has yielded hydrogel materials that promote endothelial cell adhesion as well as enhanced vascular lumen formation through the patterned introduction of the arginylglycylaspartic acid (RGD) binding motif and growth factors such as vascular endothelial growth factor (VEGF) [183]. An alternative reaction between thiols and alkenes has been used to guide changes in cell function within a polymer hydrogel by photopatterning thiol-containing biomolecules into ene-functionalized networks (Figure 8.9a) [184, 185]. Similarly, simultaneous patterning of several proteins can be accomplished by covalently immobilizing protein physical-binding partners (e.g., biotin, barnase) via a photocaged thiol–maleimide reaction [101]. A light-activated enzymatic crosslinking employing factor XIII has also been used

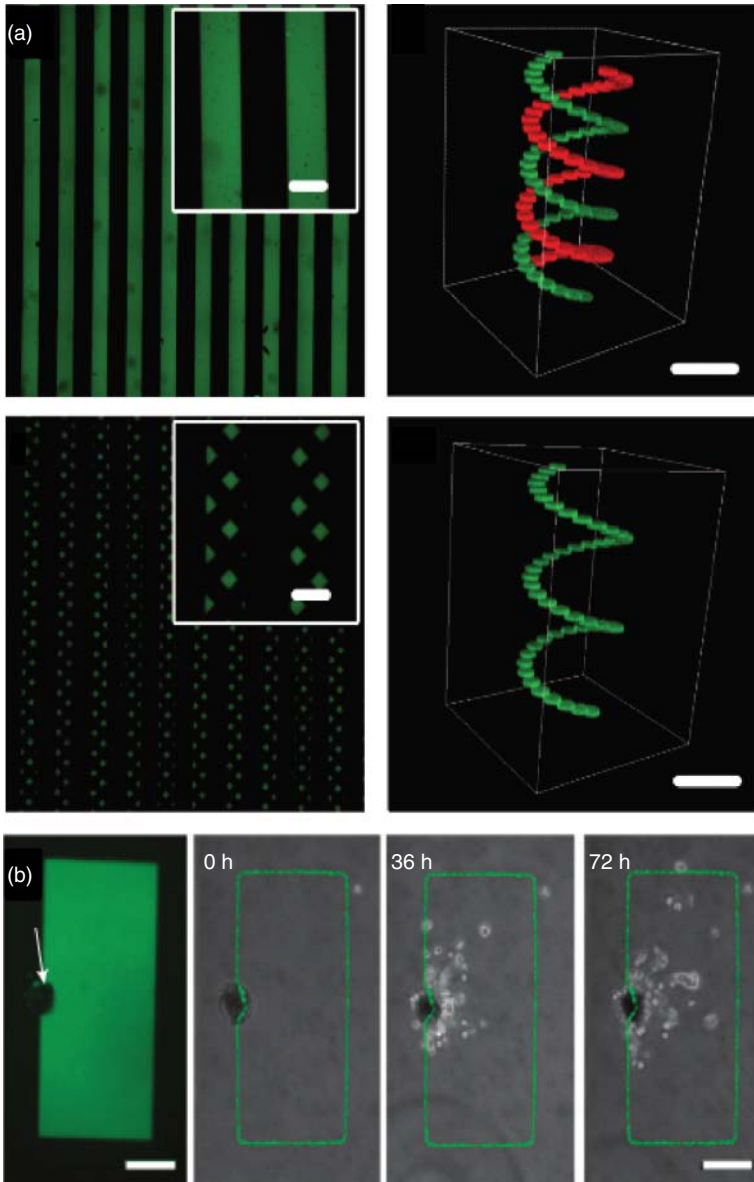


**Figure 8.8** Biomaterials fabricated by MPL photopolymerization. (a) Biocompatible microneedles. Scale bar = 50 μm. (Doraiswamy 2006 [173]. Reproduced with permission of Elsevier.) (b) Structured cell culture scaffold. Scale bar = 50 μm (Claeyssens 2009 [174]. Reproduced with permission of American Chemical Society.).

(c) Hydrogel cell culture scaffold. Scale bar = 500 μm. (Qin 2013 [175]. Reproduced with permission of Wiley.) (d) Patterned vascular tree. Scale bar = 50 μm. (Culver 2012 [42]. Reproduced with permission of Wiley.) (e) Biochemically responsive protein hydrogel. Scale bar = 5 μm. (Kaehr 2008 [176]. Reproduced with permission of PNAS.)

to photopattern peptides to direct mesenchymal stem cell outgrowth into a 3D material (Figure 8.9b) [104].

Photochemistries have also enabled material biochemical alteration through the selective removal of cues within a material. *o*-Nitrobenzyl (*o*NB) ester cleavage has been utilized for the release of RGD, thereby enhancing chondrogenesis of human mesenchymal stem cells [186]. Additionally, *o*NB cleavage has been used to create functional surfaces to study collective and patterned cell migration [187]. Photocleavage of coumarin derivative dimers has been utilized for a variety of drug delivery applications [141, 188, 189]. While the aforementioned techniques have been used to either introduce or remove biochemical signals, the combination of different photochemical reactions can enable the reversible immobilization of



**Figure 8.9** Photopatterned modulation of network biochemical properties has been achieved within 3D gels and in the presence of cells using MPL through a variety of chemistries. (a) Sequential thiol-ene coupling and oNB photocleavage enables engineered peptides to be reversibly immobilized within a gel network. Scale bars = 200  $\mu\text{m}$ .

(DeForest 2011 [184]. Reproduced with permission of Wiley.) (b) Factor XIII-mediated peptide patterning directs mesenchymal stem cell outgrowth into a 3D structure. Scale bars = 200  $\mu\text{m}$ . (Mosiewicz 2013 [104]. Reproduced with permission of Nature Publishing Group.)

such cues. By combining a visible-light-mediated thiol–ene addition reaction with a UV-mediated *o*NB cleavage, DeForest and Anseth demonstrated the reversible biochemical functionalization of a polymer-based material (Figure 8.9b) [184]. This approach allowed dynamic control over cell attachment to a material surface by introducing and, subsequently, removing adhesive ligands from the hydrogel in the presence of cells.

Photochemical reactions have also proven advantageous in controlling network biomechanics in the presence of cells. Strategies to increase culture platform compliance have focused on the photochemical increase in material crosslinking density. The radical chain photopolymerization of (meth)acrylates has been utilized to increase culture stiffness in the presence of cells [26, 190]. Through these same chemistries, photochemical alteration in network enzymatic degradability has enabled spatial control over mesenchymal stem cell differentiation (Figure 8.10a) [193, 194]. Thiol moieties have been photocaged in order to delay additional crosslinking with reactive vinyl groups upon exposure to light. These materials have been shown to influence the migration of human mesenchymal stem cells (hMSCs) [195].

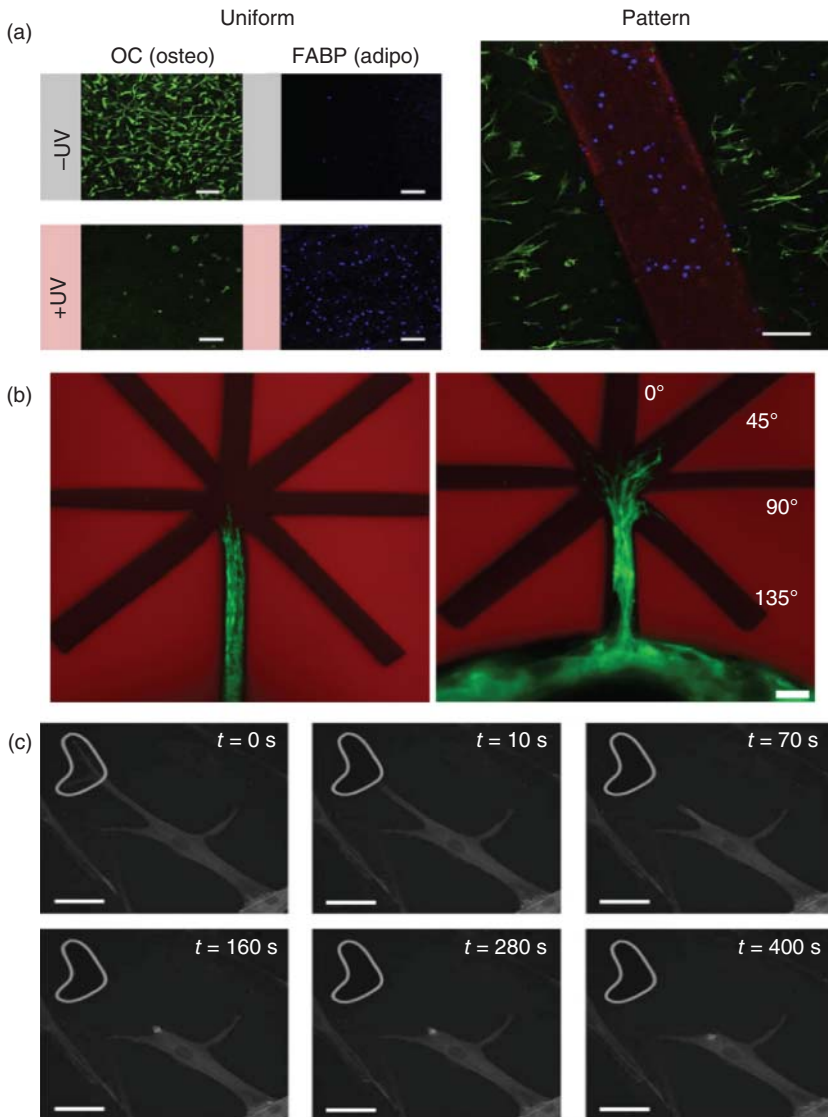
Material stiffness can also be decreased through the use of photochemical reactions. The Anseth group has demonstrated extensively the bulk and local photodegradation of materials in the presence of live cells through the introduction of an *o*NB moiety in the backbone of hydrogel networks (Figure 8.10b) [70, 133, 134]. In a similar approach, coumarin moieties introduced into hydrogel backbones yielded visible-light-degradable materials [143]. The ability to control the mechanical properties of a gel dynamically has been used to guide cell migration and outgrowth [70, 133, 143], to probe cytoskeletal tension within cells (Figure 8.10c) [136], to assess biomechanical memory of hMSCs [137] and in a growing list of other applications.

Photochemical reactions have demonstrated precise control over many critical aspects of the cellular microenvironment, including those both chemical and physical in nature. Through the usage of MPL, micrometer-scale tunability in such parameters has been demonstrated. Given the size scale of a typical mammalian cell ( $\sim 10\ \mu\text{m}$ ), we expect these strategies to prove useful in modulating material properties about individual cells and in better understanding biological response to dynamic extracellular signals.

## 8.7

### Biological Design Constraints

In general, when fabricating materials with MPL photopolymerization, it is critical to balance the power needed to initiate polymerization against the power that will damage or cavitate the precursor solution. For a PEG-based hydrogel, it was found that pulse energies in excess of 2.3 nJ induced cavitation within the highly water swollen gel [136]. When material fabrication or modification is conducted in the presence of cells or organisms, it is also necessary to balance the photophysics of



**Figure 8.10** Photochemical alteration in network biomechanics has proven an indispensable tool in directing and understanding cell fate. (a) Patterned sequential network crosslinking has afforded spatial control over mesenchymal stem cell differentiation. Scale bars = 100  $\mu\text{m}$ . (Khetan 2010 [191].

Reproduced with permission of Elsevier.) (b,c) MPL has been utilized to photodegrade complex channels within 3D gels [192] and to probe cytoskeletal tension within cells. Scale bars = 100  $\mu\text{m}$  in (b) and 20  $\mu\text{m}$  in (c). (Tibbitt 2010 [136]. Reproduced with permission of Royal Society of Chemistry.)

the reaction with the potential for photodamage to the biological specimen. For instance, it has been shown (and utilized for experimentation) that sufficient pulse energies can sever actin filaments within cells [38, 192, 196]. Additional work has shown that femtosecond pulsed two-photon lasers can be utilized in the presence of cells, but pulse energies above 1.5 nJ induced intracellular photoablation [196] and those above 4 nJ induced cell death [197]. In order to avoid nonspecific damage to intracellular structures and to maintain high cell viability, the experimenter should operate the laser with a pulse energy below 1.5 nJ. As a caveat, these guidelines were determined in non-radical-generating systems and there is the potential for additional cellular damage based on the type and concentration of radicals generated during polymerization. The constraints of biology may further confine the operating space for MPL photopolymerization in the presence of cells; however, the benefit of a small focal volume and little out-of-plane absorption confines potential damage to a narrow window through which the focal point is rastered.

Additional constraints exist in the use of MPL for biological applications. The materials need to be functional and integrate with biological systems, as well as be comprised of components that are compatible with living systems, including each of the constitutive components and potential leachants. While the majority of the chemistries in this chapter have been previously utilized for biomedical applications, novel chemistries should be assessed for compatibility with biological systems.

## 8.8

### Biologic Questions

As advances in MPL fabrication of biocompatible materials are achieved, the class of biomaterials presents unique opportunities to address several questions in biology and regenerative medicine. Both fields are beginning to appreciate the utility of 3D scaffolds for cell culture, as opposed to 2D tissue-culture polystyrene (TCPS), that can better recapitulate critical aspects of the native ECM [198]. Three-dimensional systems facilitate improved tissue morphogenesis and more physiologic culture environments for many cell types of the body [171]. MPL-fabricated materials complement this need for 3D scaffolds, as they can be patterned with micrometer-scale resolution (sub-cellular length scales) that enable researchers to answer questions related to how 3D geometry, topography, and structure affect cell function and tissue organization [199–201]. Several reticulated materials are already being employed for 3D cell culture [172], and, uniquely, MPL allows rapid fabrication of geometrically defined scaffolds as tissue replacements for regenerative medicine. For example, patient-specific devices can be fabricated utilizing medical imaging to assess the geometric need, which can be translated into a digitally rastered structure and printed in a material of interest using MPL.



Excitingly, the ability to manipulate 3D hydrogel biomaterials with MPL (see Section 8.6) uncovers a unique ability to address questions related to how dynamic changes in the ECM influence cell function and tissue assembly. New directions in the field of 4D biology (3D scaffolds that are dynamic in time) rely on user-programmable and externally tunable chemistries to introduce or remove specific cues from the culture microenvironment in real time [15]. Combining these dynamic and user-tunable chemistries with MPL allows the user to control the biophysical and biochemical nature of the cellular environment on the micrometer scale. Similar approaches allow biologists to study how changes in material stiffness influence cell proliferation and differentiation [137] or to investigate how adhesive ligand presentation or removal influences tissue development and function on the cellular level [133]. Additionally, selective photochemistries now allow patterning and removal of bioactive ligands or full proteins to investigate how subcellular localization of specific biochemical moieties may direct intracellular signaling. Moreover, the ability to control these reactions in space and time opens the door to the creation of anisotropic materials and synthetic tissues to study heterogeneous tissue formation and function. Materials scientists and MPL experts must interface and interact with cell and developmental biologists to employ these burgeoning techniques to address critical questions in these fields.

## 8.9

### Outlook

Combining traditional photopolymerization techniques with advances in multiphoton lithography through MPL enables the fabrication of a useful class of photopolymerized biomaterials with defined geometry, architecture, and micrometer-scale features. The broad scope of amenable chemistries for biomaterial and hydrogel synthesis (Section 8.4) and the increasing accessibility of multiphoton technologies will allow MPL-fabricated biomaterials to impact the fields of tissue engineering and regenerative medicine. Specifically, highly defined tissue replacements can be formed from spatially tailored MPL biomaterials for organ therapy. Furthermore, modulatable hydrogels with dynamic subcellular biophysical and biochemical patterning will unlock new understanding in stem cell biology.

As these approaches see continued use and broader applications, there remains a need for an extended toolbox for MPL photopolymerizations. Users will benefit from novel biocompatible photoinitiators with efficient multiphoton cross sections that respond to unique wavelengths. Water-soluble and biocompatible photoinitiators are particularly attractive for hydrogel manipulation via photopatterning in the presence of cells. Additionally, alternative chemistries for the crosslinking of polymer networks and hydrogels that are compatible with cell culture and especially those that facilitate dynamic or reversible crosslinking are desirable. Ideally, contributions will also be made to the toolbox of chemistries that enable multiphoton addition and cleavage reactions within fabricated

biomaterials for advanced studies of how dynamic changes in the biophysical and biochemical nature of the ECM influence cell and tissue function. Expanding this toolbox will require interactions among polymer chemists, photochemists, materials scientists, and biologists to develop advanced techniques for MPL biomaterials.

Continued development on the access to multiphoton sources, which facilitate the necessary techniques for MPL and software that makes these approaches more user-friendly, will also increase use. As the 3D printing industry matures, many of the hardware and software approaches, in principle, can be adopted for advanced photopolymerization approaches via MPL. In total, the outlook for the use of MPL photopolymerizations for the fabrication and modification of biomaterials and hydrogels is bright. Continued interactions at the interface of photopolymerizations, materials science, and biology will allow MPL biomaterials find broad use in the fields of tissue engineering, regenerative medicine, and stem cell biology.

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